Solve the academic puzzle

Motivation

Your level of motivation can have an effect on your success.

Even if you love your subject and want to finish college, sometimes you don't want to study or you think about doing something else. When this happens, you need strong motivation to keep going.

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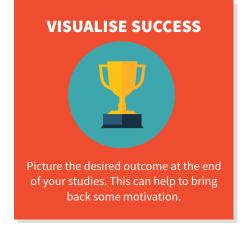
→ How motivated are you?

Mark the sentences below about your own motivation.

I know my reasons for studying.	1 2 3 4 5
I set myself targets for completing tasks.	1 2 3 4 5
I can start work quickly when I sit down to study.	1 2 3 4 5
I stay focused once I sit down to study.	1 2 3 4 5
I can find the time I need to complete tasks well.	1 2 3 4 5

Tips to increase your motivation











Total score out of 25

