## P) Eat well

Lesson 1 Vocabulary 1
1 Find and circle six foods. Write.


3


5 $\qquad$

2

4

6 $\qquad$

| $b$ | r | e | a | d | u | f | w | j | s |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| k | $f$ | n | j | q | b | p | i | e | a |
| r | y | s | a | l | a | d | n | v | n |
| o | w | e | x | f | l | k | g | a | d |
| b | a | i | a | b | l | d | s | h | w |
| o | t | u | n | a | o | k | t | e | i |
| t | c | m | c | s | o | f | a | a | c |
| z | h | c | u | r | n | i | y | d | h |
| c | h | e | e | s | e | l | b | j | e |
| d | g | p | a | s | t | a | h | o | s |

2 Look at the food. Make two lists.


1 Read and circle the correct words.


I've got ${ }^{1}$ some/ any tuna sandwiches in my lunchbox today, but there ${ }^{2}$ isn't / aren't any cheese. I've also got ${ }^{3}$ some / any fruit. There's an apple and a banana, but there ${ }^{4}$ isn't / aren't any strawberries.

There ${ }^{5}$ 's / are some chocolate, but there isn't ${ }^{6}$ any / some salad.

2 Exam practice Look at the pictures. Say five differences. Then complete the sentences.

1.21 Listen. Circle the letters you hear. Write the words.


1 juice
2
3

2 Read and circle the correct spellings.

saue

$i_{s}^{c}$ elolly

$\operatorname{hou}_{s}^{\mathrm{c}} \mathrm{e}$
$\mathrm{ri}_{\mathrm{S}}^{\mathrm{C}} \mathrm{e}$

$\operatorname{hor}_{\mathrm{S}}^{\mathrm{C}} \mathrm{e}$

3 .2.2 Complete the words. Then listen and say the poem.

Tomato ${ }^{1}$ sau $C$ e on an ${ }^{2} \mathbf{i}$ e lolly it isn't very ${ }^{3} \mathrm{ni} \quad \mathrm{e}$,
And orange ${ }^{4} \mathrm{jui}$ e doesn't go very well on ${ }^{5} \mathrm{ri} \quad$ e.
But I like ${ }^{6}$ alad in $m y^{7}$ andwich and cheese on ${ }^{8} \mathrm{pa}$ ta too.
We eat that all the time in my ${ }^{9}$ hou e! How about you?


## Spelling Bee Challenge

- Close your books.
- Ask a friend to test you.

How many words with s or c can you spell?

Spell 'sauce'.


## Themenosundicitil

## After you read

1 Read the story on Pupil's Book pages 24-25 again. Then read and choose.

1 Mia is happy.


2 Mia is angry and sad.


3 Mia is feeling better.


4 Dad is happy.


2 Exam practice Read the text. Choose a word from the box. Write the correct word next to numbers 1-5.


3 2. Read, circle and write.
Ulike / don't like
in the story.

This is because

1 Match the two halves of the biscuits and write.


2 Look at the picture. Complete the questions and write answers.
1 Are there any
2
3
4
5
6

## After you read

1 What's in their sandwiches? Scan the blog on Pupil's Book pages 28-29 to find the information.
1 Who has potatoes? Arusha
2 Who has an egg?
3 Who has bananas?
4 Who has crisps?
5 Who has sausages?


## 28 Read the blog and answer.

1 How do you know Jack likes onion?
Because he has onion in his sandwich.
2 Do you think Arusha likes fruit? How do you know?

3 Does Arusha always have a potato sandwich and a banana sandwich together? How do you know?

4 How do you know Maria's family like her favourite sandwich too?
$100{ }^{2.3}$ Listen and complete the menu.

## Today's menu

First course:
rice with mushrooms or ${ }^{1}$
tuna
chicken and ${ }^{2}$
pasta with ${ }^{3}$
sauce
salad and ${ }^{4}$
Fruit:
5 , watermelon or pineapple

Drinks:
apple juice, ${ }^{6}$
juice or water

## 2 Read and match.

1 What would
2 Could I have
3 I'd
4 Here
a chips, please?
b you are.
c you like?
d like water, please.

3 Follow the lines and complete the dialogue. Then listen and check. Hello, what ${ }^{1}$ would you like?

Of course. What would you like to drink?

$I^{\prime} d^{4}$ some water, please.

Plan Imagine your favourite lunch. Read the questions and make notes.
1 Who do you have your favourite lunch with?
2 Where do you eat?
3 What do you eat first?
4 What do you eat next?
5 What's your favourite part of the meal?


Write Write a blog about your favourite lunch. Use first, next, finally.


## Check $\quad$ Read and check your work with a friend.

I use capitals at the start of sentences.
I say what food / like.
I write in a logical order with first, next and finally.
I use my picture dictionary to check my spelling. $\square$

## Review

1 Look and complete the puzzle.



What's the mystery word?

2 Write the words under the pictures. Read and match.


1 You can eat them with lemon or chocolate sauce.
2 It's red and you can eat it with pasta.
3 An apple is this.
4 It's very cold and great in summer.
5 A potato is this.
6 It's white and small.


## 3 Look and correct the sentences.

 1 There are some mushrooms. There aren't any mushrooms.2 There isn't any cheese.

3 There's some salad.

4 There aren't any biscuits.

5 There are some strawberries.

6 There's some ice cream.


## 4 Read, look and complete.



## Think about Unit 2

Read. Write or draw, colour or circle and tick $(\checkmark)$ your answers.

In this unit, I ...


To learn I usually ...


How I feel about my work in this unit:



Now I can ...


My favourite part is ...


## 1 2.5 Listen and colour and write.



