**OPTIMISE STARS B2 syllabus 120 hours**

**(content from SB + WB + MEE Platform App + TRC)**

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| **Starter** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 1**  SB pg. 6-7, 138 | * countable and uncountable nouns * articles |  |  | * an article |  |  |  |
| **Lesson 2**  SB pg. 8-9, 138, 152 | * words connected with *TV* and *cinema* * phrasal verbs * collocations with *do, have, make, take* | * quantifiers |  |  |  |  |  |
| **UNIT 1** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 3**  SB pg. 10-11  WB pg. 4-5 |  |  |  | * an article * multiple matching |  |  |  |
| **Lesson 4**  SB pg. 12, 139  WB pg. 6  MEE Platform App |  | * Present/Past Simple * *used to* * *would* * *be/get used to* |  |  |  |  |  |
| **Lesson 5**  SB pg. 13, 152  WB pg. 6  MEE Platform App | * words connected with *studying* and *learning* |  |  |  |  |  |  |
| **Lesson 6**  SB pg. 14  WB pg. 8 |  |  |  |  | * multiple extracts |  |  |
| **Lesson 7**  SP pg. 15, 140  WB pg. 7  MEE Platform App |  | * Present Perfect Simple * Past Perfect Simple |  |  |  |  |  |
| **Lesson 8**  SB pg. 16, 165  WB pg. 8 |  |  |  |  |  | * collaborative task |  |
| **Lesson 9**  SB pg. 17, 152  WB pg. 9  MEE Platform App |  |  | * key word transformation * word formation |  |  |  |  |
| **Lesson 10**  SB pg. 18-19, 164  WB pg. 10 |  |  |  |  |  |  | * an essay |
| **Lesson 11**  TRC Grammar Communication Worksheet  WB pg. 11 | * unit 1 | * unit 1 |  |  |  |  |  |
| **Lesson 12**  TRC Grammar & Vocabulary Worksheets | * unit 1 (standard / higher) | * unit 1 (standard / higher) |  |  |  |  |  |
| **Lesson 13**  Assessment unit 1 test |  |  |  |  |  |  |  |
| **UNIT 2** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 14**  SB pg. 20-21  WB pg. 12-13 |  |  |  | * an article * multiple choice |  |  |  |
| **Lesson 15**  SB pg. 22, 140  WB pg. 14  MEE Platform App |  | * continuous tenses |  |  |  |  |  |
| **Lesson 16**  SB pg. 23, 153  WB pg. 14  MEE Platform App | * words connected with *manufacturing* and *tools* * phrasal verbs * collocations with *top* and *high* |  |  |  |  |  |  |
| **Lesson 17**  SB pg. 24  WB pg. 16 |  |  |  |  | * multiple matching |  |  |
| **Lesson 18**  SB pg. 25, 141  WB pg. 15  MEE Platform App |  | * comparatives * superlatives |  |  |  |  |  |
| **Lesson 19**  SB pg. 26, 165  WB pg. 16 |  |  |  |  |  | * photo task |  |
| **Lesson 20**  SB pg. 27, 153  WB pg. 17 |  |  | * word formation * multiple choice cloze |  |  |  |  |
| **Lesson 21**  SB pg. 28-29, 160  WB pg. 18 |  |  |  |  |  |  | * a review |
| **Lesson 22**  SB pg. 30-31  WB pg. 19 | * review units 1-2 | * review units 1-2 |  |  |  |  |  |
| **Lesson 23**  TRC Grammar & Vocabulary Worksheets | * unit 2 (standard/ higher) | * unit 2 (standard/ higher) |  |  |  |  |  |
| **Lesson 24**  Assessment Unit 2 test |  |  |  |  |  |  |  |
| **UNIT 3** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 25**  SB pg. 32-33,  WB pg. 20-21 |  |  |  | * a news article * gapped text |  |  |  |
| **Lesson 26**  SB pg. 34, 142  WB pg. 22  MEE Platform App |  | * the future |  |  |  |  |  |
| **Lesson 27**  SB pg. 35, 153  WB pg. 22  MEE Platform App | * words connected with *law* and *order* * phrasal verbs * collocations with *crime* |  |  |  |  |  |  |
| **Lesson 28**  SB pg. 36  WB pg. 24 |  |  |  |  | * sentence completion |  |  |
| **Lesson 29**  SB pg. 37, 142  WB pg. 23  MEE Platform App |  | * conditionals: zero, first |  |  |  |  |  |
| **Lesson 30**  SB pg. 38, 165  WB pg. 24 |  |  |  |  |  | * discussion |  |
| **Lesson 31**  SB pg. 39, 153  WB pg. 25 |  |  | * key word transformation * word formation |  |  |  |  |
| **Lesson 32**  SB pg. 40-41, 162  WB pg. 26 |  |  |  |  |  |  | * a formal letter/email |
| **Lesson 33**  TRC Grammar Communication Worksheet  WB pg. 27 | * unit 3 | * units 2-3 |  |  |  |  |  |
| **Lesson 34**  TRC Worksheets Grammar & Vocabulary | * unit 3 (standard/ higher) | * unit 3 (standard/ higher) |  |  |  |  |  |
| **Lesson 35**  AssessmentUnit 3 test |  |  |  |  |  |  |  |
| **UNIT 4** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 36**  SB pg. 42-43  WB pg. 28-29 |  |  |  | * an article * multiple choice |  |  |  |
| **Lesson 37**  SB pg. 44, 143  WB pg. 30  MEE Platform App |  | * modals: ability, permission, advice, criticism, obligation |  |  |  |  |  |
| **Lesson 38**  SB pg. 45, 154  WB pg. 30-31  MEE Platform App | * words connected with *sports* * phrasal verbs * word patterns: words + prepositions |  |  |  |  |  |  |
| **Lesson 39**  SB pg. 46  WB pg. 32 |  |  |  |  | * single extract * multiple choice |  |  |
| **Lesson 40**  SB pg. 47, 143  WB pg. 31  MEE Platform App |  | * modals: degrees of certainty |  |  |  |  |  |
| **Lesson 41**  SB pg. 48, 165  WB pg. 32-33 |  |  |  |  |  | * photo task |  |
| **Lesson 42**  SB pg. 49, 154  WB pg. 33 |  |  | * word formation * open cloze |  |  |  |  |
| **Lesson 43**  SB pg. 50-51, 162  WB pg. 34 |  |  |  |  |  |  | * a formal letter/email |
| **Lesson 44**  SB pg. 52-53  WB pg. 35 | * review units 3-4 | * review units 3-4 |  |  |  |  |  |
| **Lesson 45**  TRC Worksheets Grammar & Vocabulary | * unit 4 (standard / higher) | * unit 4 (standard / higher) |  |  |  |  |  |
| **Lesson 46**  Assessment  Unit 4 test |  |  |  |  |  |  |  |
| **UNIT 5** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 47**  SB pg. 54-55  WB pg. 36-37 |  |  |  | * an article * gapped text |  |  |  |
| **Lesson 48**  SB pg. 56, 144  WB pg. 38  MEE Platform App |  | * verb patterns: verb + infinitive / *-ing* |  |  |  |  |  |
| **Lesson 49**  SB pg. 57, 155  WB pg. 38-39  MEE Platform App | * words connected with *the world of work* * phrasal verbs * collocations with *go* and *get* |  |  |  |  |  |  |
| **Lesson 50**  SB pg. 58  WB pg. 40 |  |  |  |  | * sentence completion |  |  |
| **Lesson 51**  SB pg. 59, 144  WB pg. 39  MEE Platform App |  | * verb patterns: infinities of purpose |  |  |  |  |  |
| **Lesson 52**  SB pg. 60, 165  WB pg. 40-41 |  |  |  |  |  | * collaborative task |  |
| **Lesson 53**  SB pg. 61, 155  WB pg. 41 |  |  | * multiple choice cloze * word formation |  |  |  |  |
| **Lesson 54**  SB pg. 62-63, 161  WB pg. 42 |  |  |  |  |  |  | * an informal letter/email |
| **Lesson 55**  TRC Worksheet  Grammar Communication  WB pg. 43 | * unit 5 | * units 4-5 |  |  |  |  |  |
| **Lesson 56**  TRC Worksheets  Grammar & Vocabulary | * unit 5 (standard / higher) | * unit 5 (standard / higher) |  |  |  |  |  |
| **Lesson 57**  Assessment  unit 5 test OR  **Mid-Year Test** |  |  |  |  |  |  |  |
| **UNIT 6** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 58**  SB pg. 64-65  WB pg. 44-45 |  |  |  | * an article * multiple matching |  |  |  |
| **Lesson 59**  SB pg. 66, 145  WB pg. 46  MEE Platform App |  | * pronouns |  |  |  |  |  |
| **Lesson 60**  SB pg. 67, 155  WB pg. 46  MEE Platform App | * words connected with *the arts* * phrasal verbs * collocations from *the art world* |  |  |  |  |  |  |
| **Lesson 61**  SB pg. 68  WB pg. 48 |  |  |  |  | * extracts * multiple choice |  |  |
| **Lesson 62**  SB pg. 69, 145  WB pg. 47  MEE Platform App |  | * result clauses * connectors of contrast |  |  |  |  |  |
| **Lesson 63**  SB pg. 70, 166  WB pg. 48-49 |  |  |  |  |  | * photo task |  |
| **Lesson 64**  SB pg. 71, 155  WB pg. 49 |  |  | * word formation * key word transformation |  |  |  |  |
| **Lesson 65**  SB pg. 72-73, 163  WB pg. 50 |  |  |  |  |  |  | * a story |
| **Lesson 66**  SB pg. 74-75  WB pg. 51 | * review units 5-6 | * review units 5-6 |  |  |  |  |  |
| **Lesson 67**  TRC Worksheets  Grammar & Vocabulary | * unit 6 (standard / higher) | * unit 6 (standard / higher) |  |  |  |  |  |
| **Lesson 68**  Assessment  unit 6 test |  |  |  |  |  |  |  |
| **UNIT 7** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 69**  SB pg. 76-77  WB pg. 52-53 |  |  |  | * an article * multiple choice |  |  |  |
| **Lesson 70**  SB pg. 78, 146  WB pg. 54  MEE Platform App |  | * conditionals: second, third, mixed |  |  |  |  |  |
| **Lesson 71**  SB pg. 79, 156  WB pg. 54-55  MEE Platform App | * words connected with *environmental issues* * phrasal verbs * words patterns: words + prepositions |  |  |  |  |  |  |
| **Lesson 72**  SB pg. 80  WB pg. 56 |  |  |  |  | * multiple matching |  |  |
| **Lesson 73**  SB pg. 81, 147  WB pg. 55  MEE Platform App |  | * unreal past * past wishes |  |  |  |  |  |
| **Lesson 74**  SB pg. 82, 166  WB pg. 56-57 |  |  |  |  |  | * discussion |  |
| **Lesson 75**  SB pg. 83, 156  WB pg. 57 |  |  | * word formation * open cloze |  |  |  |  |
| **Lesson 76**  SB pg. 84-85, 159  WB pg. 58 |  |  |  |  |  |  | * an article |
| **Lesson 77**  TRC Grammar Communication Worksheet  WB pg. 59 | * review unit 7 | * units 6-7 |  |  |  |  |  |
| **Lesson 78**  TRC Worksheets  Grammar & Vocabulary | * unit 7 (standard / higher) | * unit 7 (standard / higher) |  |  |  |  |  |
| **Lesson 79**  Assessment  unit 7 test |  |  |  |  |  |  |  |
| **UNIT 8** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 80**  SB pg. 86-87  WB pg. 60-61 |  |  |  | * an extract from a novel * gapped text |  |  |  |
| **Lesson 81**  SB pg. 88, 147  WB pg. 62  MEE Platform App |  | * the passive |  |  |  |  |  |
| **Lesson 82**  SB pg. 89, 156  WB pg. 62-63  MEE Platform App | * words connected with *literature* * phrasal verbs * collocations with *say, speak, tell* |  |  |  |  |  |  |
| **Lesson 83**  SB pg. 90  WB pg. 64 |  |  |  |  | * sentence completion |  |  |
| **Lesson 84**  SB pg. 91, 148  WB pg. 63  MEE Platform App |  | * the causative * direct and indirect objects |  |  |  |  |  |
| **Lesson 85**  SB pg. 92, 166  WB pg. 64-65 |  |  |  |  |  | * interview |  |
| **Lesson 86**  SB pg. 93, 157  WB pg. 65 |  |  | * word formation * multiple choice cloze |  |  |  |  |
| **Lesson 87**  SB pg. 94-95, 163  WB pg. 66 |  |  |  |  |  |  | * a story |
| **Lesson 88**  SB pg. 96-97  WB pg. 67 | * review units 7-8 | * review units 7-8 |  |  |  |  |  |
| **Lesson 89**  TRC Worksheets Grammar & Vocabulary | * unit 8 (standard / higher) | * unit 8 (standard / higher) |  |  |  |  |  |
| **Lesson 90**  Assessment  Unit 8 test |  |  |  |  |  |  |  |
| **UNIT 9** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 91**  SB pg. 98-99  WB pg. 68-69 |  |  |  | * an article * multiple matching |  |  |  |
| **Lesson 92**  SB pg. 100, 148  WB pg. 70  MEE Platform App |  | * relative clauses |  |  |  |  |  |
| **Lesson 93**  SB pg. 101, 157  WB pg. 70  MEE Platform App | * words connected with *spending money* * phrasal verbs * collocations with *do, get, go, make* |  |  |  |  |  |  |
| **Lesson 94**  SB pg. 102  WB pg. 72 |  |  |  |  | * single extract * multiple choice |  |  |
| **Lesson 95**  SB pg. 103, 149  WB pg. 71  MEE Platform App |  | * participle clauses |  |  |  |  |  |
| **Lesson 96**  SB pg. 104, 166  WB pg. 72-73 |  |  |  |  |  | * collaborative task |  |
| **Lesson 97**  SB pg. 105, 157  WB pg. 73 |  |  | * word formation * open cloze |  |  |  |  |
| **Lesson 98**  SB pg. 106-107, 164  WB pg. 74 |  |  |  |  |  |  | * an essay |
| **Lesson 99**  TRC Worksheets  Grammar & Vocabulary | * unit 9 (standard / higher) | * unit 9 (standard / higher) |  |  |  |  |  |
| **Lesson 100**  TRC Grammar Communication Worksheet  WB pg. 75 | * review unit 9 | * review unit 8-9 |  |  |  |  |  |
| **Lesson 101**  Assessment  Unit 9 test |  |  |  |  |  |  |  |
| **UNIT 10** | **TOPICS & VOCABULARY** | **GRAMMAR** | **USE OF ENGLISH** | **READING** | **LISTENING** | **SPEAKING** | **WRITING** |
| **Lesson 102**  SB pg. 108-109  WB pg. 76-77 |  |  |  | * an article * gapped text |  |  |  |
| **Lesson 103**  SB pg. 110, 149  WB pg. 78  MEE Platform App |  | * Reported Speech |  |  |  |  |  |
| **Lesson 104**  SB pg. 111, 157  WB pg. 78-79  MEE Platform App | * words connected with *travelling* * phrasal verbs * word patterns: words + prepositions |  |  |  |  |  |  |
| **Lesson 105**  SB pg. 112  WB pg. 80 |  |  |  |  | * sentence completion |  |  |
| **Lesson 106**  SB pg. 113, 150  WB pg. 79  MEE Platform App |  | * indirect questions |  |  |  |  |  |
| **Lesson 107**  SB pg. 114, 166  WB pg. 80-81 |  |  |  |  |  | * interview |  |
| **Lesson 108**  SB pg. 115, 158  WB pg. 81 |  |  | * word formation * key word transformation |  |  |  |  |
| **Lesson 109**  SB pg. 116-117, 161  WB pg. 82 |  |  |  |  |  |  | * an informal letter/email |
| **Lesson 110**  SB pg. 118-119 | * review units 9-10 | * review units 9-10 |  |  |  |  |  |
| **Lesson 111**  TRC Worksheets  Grammar & Vocabulary | * unit 10 (standard / higher) | * unit 10 (standard / higher) |  |  |  |  |  |
| **Lesson 112**  TRC Grammar Communication Worksheet  WB pg. 83 | * review unit 10 | * review unit 10 |  |  |  |  |  |
| **Lesson 113**  Assessment  unit 10 test OR  **End-of-Year test** |  |  |  |  |  |  |  |
| **Lesson 114-116**  SB pg. 124-137 |  |  | * Optimise your exams | * Optimise your exams | * Optimise your exams | * Optimise your exams | * Optimise your exams |
| **Lesson 117-118**  WB pg. 84-103 |  |  | * Practice Test | * Practice Test | * Practice Test | * Practice Test | * Practice Test |
| **Lesson 119-120**  SB pg. 120-123, 150, 158 | * easily confused words * idioms with *keep* and *lose* | * inversions * cleft sentences |  | * an article |  |  |  |