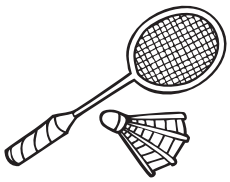
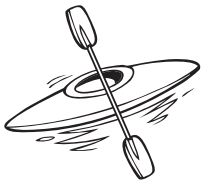
Vocabulary

Olympic sports

1 Circle the Olympic sports in the wordsnake and then label the pictures.

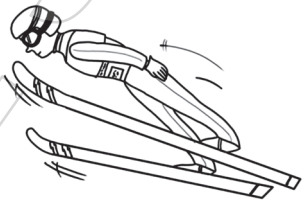


a badminton

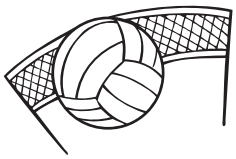


b _____

c _____



d _____



e _____

f _____

g _____

h _____

i _____

j _____

k _____

l _____

2 Complete the table with the Olympic sports from exercise 1.

play	do	go
badminton		

Clothes and accessories

3 Complete the words for clothes and accessories.

a s h o e s
b h _ _
c s _ _ k _
d sk _ _ t
e d _ _ _ s
f tr _ i _ _ rs
g t _ _ u _ _ rs
h T- _ _ irt
i g _ a _ _ es
j g _ o _ es
k _ _ p
l _ hor _ s

FREE SAMPLE

Grammar

Past simple negative

4 Circle the correct alternatives.

a Women **participated** / **didn't participate** in the Ancient Olympics.

b Spain **hosted** / **didn't host** the Olympics in 2008. It **hosted** / **didn't host** the Olympics in 1992 in Barcelona.

c The Paralympics **existed** / **didn't exist** in Ancient Greece. It **started** / **didn't start** in 1960.

d People **watched** / **didn't watch** the Olympics on TV in 1936. They **watched** / **didn't watch** it in the cinema.

e Michael Phelps **participated** / **didn't participate** in the 2000 Olympics in Australia, but he **won** / **didn't win** any medals.

Past simple questions and short answers

5 Write past simple questions.

a women / participate / in the Ancient Olympics? *Did women participate in the Ancient Olympics?*

b Spain / host / 1992 Olympics? _____

c the Paralympics / exist / in 1930? _____

d Michael Phelps / win / any medals / in the 2000 Olympics? _____

e Michael Phelps / win / any medals / in the 2008 Olympics? _____

6 Match the questions from exercise 5 to the short answers below.

1 No, it didn't. [c]
2 No, they didn't. [ ]
3 Yes, he did. [ ]
4 Yes, it did. [ ]
5 No, he didn't. [ ]

Past time expressions

7 Are these sentences true (T) or false (F) for you?

a I went to the cinema last night. T / F
b We went on holiday last year. T / F
c I didn't play football last weekend. T / F
d I started English classes three years ago. T / F
e I had breakfast three hours ago. T / F
f I was 12 years old in August. T / F
g My birthday was four months ago. T / F

8 Make true sentences using time expressions.

a The school holidays finished _____ .

b The weekend was _____ .

c I went to a restaurant _____ .

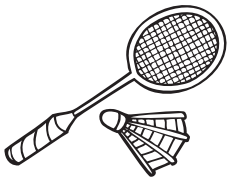
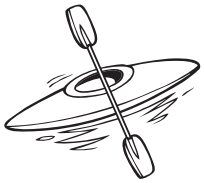
d I visited friends _____ .

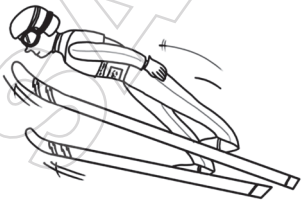
FREE SAMPLE

Vocabulary

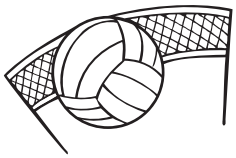
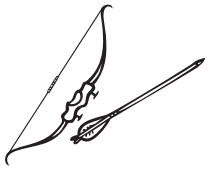
Olympic sports

1 Label the pictures.



a *badminton* b _____ c _____ d _____

e _____ f _____ g _____ h _____

i _____ j _____ k _____ l _____

2 Complete the table with the Olympic sports from exercise 1.

play	do	go
badminton		

Clothes and accessories

3 Answer the questions for you.

a What are you wearing today? _____

b What do you and your friends wear to go out? _____

c What do you wear to do sport at school? _____

d What do you hate wearing? _____

FREE SAMPLE

Grammar

Past simple negative

4 Complete the sentences with the verbs in brackets. Use the past simple negative or affirmative.

a Women *didn't participate* (participate) in the Ancient Olympics.

b Spain _____ (host) the Olympics in 2008. It _____ (host) the Olympics in 1992 in Barcelona.

c The Paralympics _____ (exist) in Ancient Greece. It _____ (start) in 1960.

d People _____ (watch) the Olympics on TV in 1936. They _____ (watch) it in the cinema.

Past simple questions and short answers

5 Write past simple questions with the verbs from the box. Then write short answers.

host ~~participate~~ exist swim

a women / in the Ancient Olympics?

Did women participate in the Ancient Olympics? No, they didn't.

b Spain / 1992 Olympics?

_____

c the Paralympics / in 1960?

_____

d Michael Phelps / in the 2000 Olympics?

_____

Past time expressions

6 Write true sentences for you with the correct affirmative or negative past simple form of the verbs from the box.

go be have start

a I / breakfast / three hours ago _____

b My birthday / four months ago _____

c We / on holiday / last year _____

d I / English classes / three years ago _____

7 Complete the sentences so that they are true for you.

a Last night, I _____ .

b Last month, my parents _____ .

c Last weekend, my friend and I _____ .

d Three years ago, _____ .

FREE SAMPLE

Reading

1 Read the text about Suzanne Lenglen and write questions. Then answer the questions.

Suzanne Lenglen was born in France in 1899. She was often ill as a child, so her father decided she needed to do lots of sport to become strong. He gave her a tennis racket in 1910 and then Suzanne played tennis all the time. Her father trained her.

In 1919, she won her first Wimbledon Championship. Suzanne wore a short dress with short sleeves, like a 1920s ballet dancer. People were shocked because they could see some of her legs and arms, but Suzanne changed tennis fashion for ever.

Suzanne won Wimbledon almost every year from 1919 to 1925, but she didn't win it in 1924 because she was ill. She also won the French Championship six times from 1920 to 1926. Later, she had to stop playing because she was often ill, so she opened a tennis school in Paris.

Suzanne became very ill and died in 1938 – she was just 39 years old. Suzanne was the first famous female tennis player. People called her the Goddess of Tennis, and they loved watching her play. She was like a ballerina on the tennis court.

a When / Suzanne Lenglen / born? _____

b What / her father / give her? _____

c What / she / do / in 1919? _____

d How many times / she / win the French Championship? _____

e When / she / die? _____

f What / people / love about her? _____

Writing

2 Read the notes about Rafael Nadal and write a text about him. Use the model text above to help you.

Name: Rafael Nadal Parera (Rafa)

Place of Birth: Manacor, Mallorca

Date of Birth: 3rd June 1986

School: in Manacor

Likes: fishing, going to the cinema with friends

Tennis coach: Uncle Toni
Started to play tennis when he was four

Won: Wimbledon – 2008, 2010, Gold Medal – 2008 Olympics, French Open nine times (2005–2008, 2010–2014)

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

FREE SAMPLE

Pairwork

Worksheet 8A

Student A

1 The fact file below is incomplete. Read the sentences and complete the questions you will need to ask for the missing information.

Beijing Olympic Games 2008

At the Olympic Games in Beijing in 2008, Michael Phelps, who comes from [1]_____, won [2]_____ gold medals in swimming.

Zhang Ning from China won a gold medal in Beijing Olympics. She plays badminton.

[3]_____ was very popular in 2008 at Beijing Olympics; the women's team from [4]_____ won the gold medal.

The British Olympic team took home 14 medals for cycling. They celebrated their final victory on 16th August.

Saul Craviotto and Carlos Perez represented Spain in [5]_____. They participated in the [6]_____ race and took home the gold medal.

David Cal went home with two silver medals in canoeing. He started his Olympic career in 2004, when he was 21.

Forty-nine countries competed in the [7]_____, but they only gave [8]_____ gold medals.

Elnur Mammadli won a gold medal in judo. He comes from Azerbaijan.

South Korea took home the [9]_____ medal for baseball. The team had [10]_____ players.

Phillips Olaosebikan Idowu was born in London. They gave him a silver medal for athletics.

1 Where _____ ?
2 How many _____ ?
3 Which sport _____ ?
4 Which country _____ ?
5 Which sport _____ in?
6 Which race _____ ?
7 Which sport _____ ?
8 How many _____ ?
9 Which medal _____ ?
10 How many players _____ ?

2 Ask your partner the questions from exercise 1 and complete the fact file with the correct words.

3 Now listen to your partner's questions and answer them with the information from the fact file.

FREE SAMPLE

Pairwork

Student B

1 The fact file below is incomplete. Read the sentences and complete the questions you will need to ask for the missing information.

Beijing Olympic Games 2008

At the Olympic Games in Beijing in 2008, Michael Phelps, who comes from the USA, won eight gold medals in swimming.

Zhang Ning from China won a [1]_____ *in Beijing. She plays* [2]_____ *.*

Beach volleyball was very popular in 2008 at Beijing Olympics; the women's team from the USA won the gold medal.

The British Olympic team took home [3]_____ *medals for cycling. They celebrated their final victory on* [4]_____ *.*

Saul Craviotto and Carlos Perez represented Spain in canoeing. They participated in the 500 metres race and took home the gold medal.

David Cal went home with [5]_____ *silver medals in canoeing. He started his Olympic career in* [6]_____ *, when he was 21.*

Forty-nine countries competed in the archery, but they only gave four gold medals.

Elnur Mammadli won a gold medal in [7]_____ *. He comes from* [8]_____ *.*

South Korea took home the gold medal for baseball. The team had 24 players.

Phillips Olaosebikan Idowu was born in [9]_____ *. They gave him a silver medal for* [10]_____ *.*

1 What _____ ?
2 Which sport _____ ?
3 How many _____ ?
4 When _____ ?
5 How many _____ ?
6 When _____ ?
7 Which sport _____ in?
8 Where _____ ?
9 Where _____ ?
10 Which sport _____ ?

2 Listen to your partner's questions and answer them with the information from the fact file.

3 Now ask your partner the questions from exercise 1 and complete the fact file with the correct words.

FREE SAMPLE

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Translation

Worksheet 8

1 Past simple: negative

a Women tennis players didn't wear short skirts in the past. _____

b Bicycles didn't exist in 1800. _____

c Usain Bolt didn't win a gold medal at the Olympics in Athens. _____

_____

d Miguel Indurain didn't wear a cycling helmet. _____

e We didn't go skiing last winter because it didn't snow. _____

2 Past simple: questions and short answers

a Did you watch the tennis match on Saturday? No, I didn't. _____

b Did your mother wear a skirt for sports at school? Yes, she did. _____

_____

c Did people wear lycra shorts in the 19th century? No, they didn't. _____

_____

d Did Aron Ralston amputate his arm? Yes, he did! _____

e Did Roger Federer win a gold medal at the Beijing Olympics? No, he didn't. _____

_____

3 Past time expressions

a We saw the European Cup final two years ago. _____

b I went canoeing in the Pyrenees last summer. _____

c Did you watch the athletics last night? _____

d I didn't have these trainers a week ago – they're new. _____

e Did you buy that cap at the football match in July? _____

4 Revision

Miguel Indurain is from Navarra, Spain. He won the Tour de France five times between 1991 and 1995. His British fans gave him the name *Big Mig*! He became a professional cyclist in 1985, when he was 21. In 1996, Indurain had bronchitis, so he didn't win his sixth Tour. Alberto Contador is the new cycling hero. In 2007 he took the yellow jersey home from Paris because he won the *Tour de France*, and in 2008 he won the Giro d'Italia and the Vuelta a España.

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

FREE SAMPLE

Use of English

Worksheet 8

1 Read the text and complete the gaps 1–3. Use the words from the box. There are three extra words that you do not need to use.

yesterday left ago phoned do tomorrow

I was really angry [1]_____ . My coach told me to stop coming to volleyball practice because I got bad marks at school. She said that I can come back when my marks get better. I was so furious that I [2]_____ the practice without letting her finish what she was saying. I know she did what she did because she cares about me and I thought about phoning her to apologise, but I didn't [3]_____ it. Who thinks that the coach was right?

2 Complete the text. Circle the correct option: a, b or c.

	Chariots of Fire (1981)
Golden Classics 08:15	At first glance, it seems to be a film about sport and trying to get better at it, but actually it's about happiness and success. It's based on a true story of two runners, Eric Liddell and Harold Abrahams, preparing for the Olympic Games [1]_____ 1924. Liddell and Abrahams represented the UK at the Games and they [2]_____ three medals – two gold and one bronze. [3]_____ you interested who got which medals? Well, if so, you have to switch on the TV today at 8.15.

1	**a** at	**b** on	**c** in
2	**a** winning	**b** win	**c** won
3	**a** Do	**b** Are	**c** Did

3 Read the text and complete the gaps 1–4. Use the words from the box. All the words must be used in the correct form. There is one extra word that you do not need to use.

can do swim train start

From: Esther Higerfith
To: Mia Volentacks
Subject: Gym clothes

Hi Mia,
I've got a bit of a problem with my clothes for the gym practice tomorrow. I don't want to look silly, you know, like those girls who come in, wearing a pink tracksuit and white [1]_____ and everybody is laughing at them behind their back. What [2]_____ you wear when you [3]_____ going to the gym last year? And one more question: why don't we go [4]_____ in the pool opposite the gym after the training?
Hope to have fun tomorrow! See you,
Esther

4 Complete the sentences a–f with the correct form of the words in brackets. Add any other words to make the sentences correct. You must use no more than four words, including the words given.

a Martial _____ (arts / become / popular) Poland after the big success of *Enter the Dragon* with Bruce Lee.

b She first noticed the boy and then she _____ (get / ice) rink to have some fun skating.

c When I bought the equipment for field archery, I _____ (not / have) money left.

d _____ (officials / know) about the problem with the bicycles during the last Tour de France?

e Strength _____ (sports / be / popular) boys more than with girls in 1970s.

f 'How often _____ (she / break) rules to win?' 'In every single game she plays.'

FREE SAMPLE

Culture Canada

Worksheet 8

1 Match the two parts to make words or phrases. Then find them on the Canada culture page.

1 ice	**a** hats
2 Canadian	**b** leaf
3 cowboy	**c** Serge
4 Red	**d** dollar
5 maple	**e** cream
6 ice	**f** hockey

2 Read about *Mounties* and complete the fact file.

Mounties	
full name of Mounties	
why they are called Mounties	
why they are easy to recognise	
name of uniform	

3 Read about *The maple tree* and answer the questions.

a Where do maple trees grow? _____

b What do Canadians make maple syrup from? _____

c What do they use maple syrup for? _____

d How much of the world's maple syrup does Canada produce? _____

4 Find ten words related to Canada in the word square.

p	f	r	e	n	c	h	s	o	r
o	a	l	e	a	f	e	s	o	m
s	v	n	u	e	i	e	r	c	a
h	y	s	c	t	f	m	t	a	p
m	d	r	n	a	d	o	a	n	l
d	e	u	u	i	k	w	n	a	e
h	o	t	q	p	a	e	o	d	t
m	t	r	o	t	t	o	s	a	s
p	d	b	t	c	o	w	b	o	y
e	a	o	v	i	k	i	n	g	s

5 Are the sentences true (T) or false (F)?

a More than 30 million people live in Canada. **T / F**

b Canada has two official languages. **T / F**

c The most popular sport in Canada is cricket. **T / F**

d Mounties wear cowboy hats. **T / F**

e There is a maple leaf in the corner of the Canadian flag. **T / F**

f The capital of Canada is Toronto. **T / F**

FREE SAMPLE

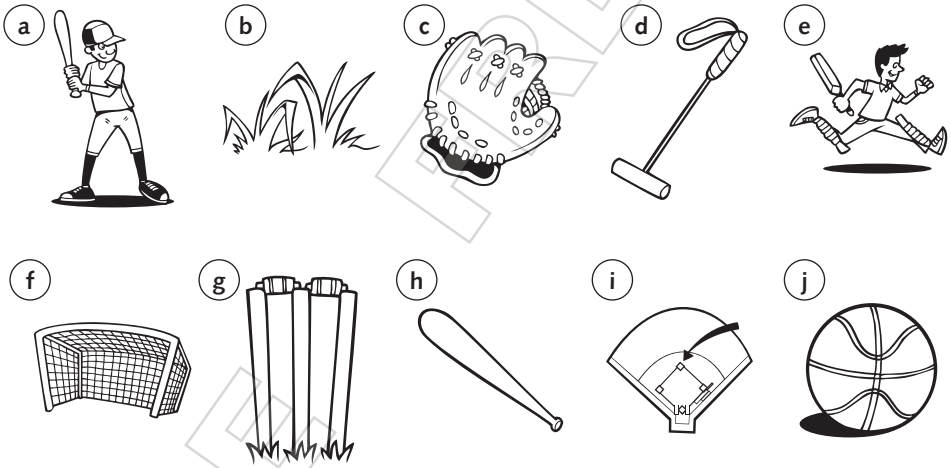
PROJECT

1 Read the instructions on Workbook page 149 and complete the table with information for your project.

heartbeat experiment	
number of heartbeats per minute when relaxed	
number of heartbeats per minute after doing some activity	
number of heartbeats per minute after doing a lot of activity	

2 Match the words with the pictures.

1 run ☐
2 player ☐
3 wicket ☐
4 grass ☐
5 bat ☐
6 base ☐
7 glove ☐
8 ball ☐
9 mallet ☐
10 goal ☐



3 Use the words and phrases from the box to complete the first two columns of the table below (they are about two different sports). Then complete the third column with information about another sport.

football in the USA and some parts of Europe a ball and two nets a ball and boots
two teams of 11 try to score as many goals as possible all over the world basketball
two teams of five try to throw the ball into the basket as many times as possible

sport			
where you can play			
what you need to play			
brief description			

FREE SAMPLE

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