

1A | All change

CHANGE

1 Match the verbs in the box to their collocations 1–5.

adapt convert switch transfer vary

- 1 channels / seats / courses _____
- 2 money to a bank account / to a new team / to a new office _____
- 3 your diet / your routine / your intonation _____
- 4 to a new environment / to married life / to a different climate _____
- 5 dollars into euros / a house into two flats / to a different religion _____



'When you said you were transferring me to another office, I just presumed it would be one of ours.'

2 Complete the sentences with the nouns from the box.

adaptation alteration shift
transformation variation

- 1 There has been a gradual _____ in people's attitudes to the environment over the last two decades or so.
- 2 I'd like to make a slight _____ to our original plan.
- 3 My son's academic performance has undergone a complete _____ since he transferred to the new school.
- 4 The film is a faithful _____ of Jane Austen's novel *Emma*.
- 5 The survey revealed widespread _____ in the cost of new houses across the country.

VOCABULARY FROM THE LESSON

3 Choose the correct alternative, a, b or c, to complete the sentences.

- 1 We didn't have a serious conversation – just general _____ about this and that.
a) clatter b) chitchat c) chatterbox
- 2 The company did not want to become _____ in a costly legal dispute, and so the matter was settled out of court.
a) embroidered b) embellished c) embroiled
- 3 When she got her first salary cheque, she _____ it all away on clothes and expensive holidays.
a) fluttered b) flitted c) frittered
- 4 Music is a universal form of communication that _____ language.
a) transports b) transcends c) transposes
- 5 Even carefully-planned holidays can sometimes _____ awry.
a) get b) go c) give
- 6 When a couple first have a child, life can often _____ around the baby's needs.
a) revert b) revolve c) revolt

DICTATION

4 01 Write the text that you hear.

1B | First day

SIMPLE & CONTINUOUS VERB FORMS

- 1 Complete the email with the verbs in brackets in the correct form.

Hi Jess

How are you? I (1) _____ (try) to ring you all evening, but no reply. I wanted to say goodbye as I (2) _____ (leave) London tomorrow for a new life in Brazil! Yes, this is a major life change for me. But my job (3) _____ (get) more and more stressful recently, and I (4) _____ (feel) the need for a change of scene for some time now. Then, just before Christmas, I (5) _____ (surf) the internet when I (6) _____ (come) across an advertisement for a locum doctor in Brazil. So, to cut a long story short, I (7) _____ (apply) and they (8) _____ (offer) me the job.

It's hard to believe that this time tomorrow I (9) _____ (sit) on a plane on my way to another continent. I must admit I (10) _____ (feel) a little apprehensive right now, but I (11) _____ (know) it's the right thing to do.

Sorry not to be able to say goodbye properly, but if you get this email, give me a ring on my mobile — my plane (12) _____ (leave) at 4.00 tomorrow afternoon so you can catch me any time before that.

Lots of love
Emma

- 2 Find three sentences that are grammatically correct. Then correct the verb forms in the other sentences.

- I see a friend tomorrow evening.
- The weather is getting much warmer these days.
- Don't phone me at 6.00 as I'll work.
- I currently stay with friends while my kitchen is extended.
- His son was often crying when he was a baby.
- My boss is being rather uncooperative at the moment.
- I've been driving 200km today.
- My sister is always borrowing my clothes without asking.

- 3 Write sentences to describe the pictures, using the present perfect simple or continuous, with the words in brackets.



- (it/snow) _____
- (he/build a snowman) _____
- (he/play in the mud) _____

APPROXIMATION

- 4 Choose the correct alternative, a, b or c, that corresponds with the expression in *italics* (more than one may be possible).

- There are *forty odd* restaurants in the town, so we won't have a problem getting a meal.
a) 40 b) 42 c) 43
- It's *coming up to* 8.00.
a) 7.55 b) 8.00 c) 8.02
- Let's set off at *five-ish*.
a) 4.30 b) 5.02 c) 5.45
- It took *very nearly six months* to finish the extension.
a) seven months b) five and a half months
c) six months
- It will cost something *in the region of* €20,000 to convert the loft into a bedroom.
a) €18,000 b) €20,000 c) €40,000

- 5 Decide if the sentences are true (T) or false (F). Correct the false sentences.

- The length of a marathon is 40 kilometres or so. _____
- The record for running a marathon is just under two hours. _____
- The world population is upwards of 6,000,000,000. _____
- Something like 70% of the world's surface is water. _____
- The height of Mount Everest is 12,000m or something like that. _____

1c | Growing up

AGE

- 1 Match the words and phrases in the box to the sentences 1–6.

a middle-aged woman	a newborn
a senior citizen	a teenager
a toddler	a twentysomething

- 1 He often has tantrums, and his favourite word is 'no!' _____
- 2 His voice has just broken. _____
- 3 Her children have just left the nest. _____
- 4 She's thinking of starting a family. _____
- 5 He weighs 3.5 kilograms. _____
- 6 She's drawing a pension. _____

- 2 Complete the sentences 1–6 with the correct form of the verbs in the box.

come (x2) get have side turn

- 1 Her twelfth birthday was last month; she's just _____ twelve.
- 2 He's eighteen; he's _____ of age.
- 3 She's 42; she's on the wrong _____ of 40.
- 4 He's fortysomething; he's _____ a midlife crisis.
- 5 He's 63; he's just _____ up to retirement.
- 6 She's 78; she's _____ on for 80.



'For goodness sake, just pick one! I'm nearly seventeen!'

REFERENCE

- 3 Complete the text with *this*, *these* or *those*.

In every culture, the journey between childhood and adulthood is punctuated by a series of minute and momentous transitions. (1) _____ vary from society to society, but in most cultures they might include having one's first boyfriend or girlfriend, leaving home, marriage, and having one's first child. For (2) _____ living in developed societies, such milestones as coming of age, obtaining a driving licence, voting, and entering and graduating from university are also seen as important, and many of (3) _____ events are marked by special celebrations. However, in some developing societies, (4) _____ period takes on a special significance, and ceremonies to mark major rites of passage are more elaborate than (5) _____ conducted in western societies. Some societies carry out lengthy and often arduous initiation ceremonies to mark the transition to adulthood of male members of the tribe. For example, (6) _____ boys who are crossing the threshold of puberty may have to be separated from their families and take part in arduous endurance tests. (7) _____ ceremonies also mark their eligibility for marriage, although (8) _____ will often also depend on how much wealth they acquire.

SUBSTITUTION

- 4 Rewrite B's reply using appropriate substitution expressions.

- 1 A: How do your kids like their new school?
B: Joe doesn't like it, but Amy likes it.

- 2 A: Which shoes do you want to try on?
B: Those shoes in the window, please.

- 3 A: I don't think I'll be able to afford a mortgage.
B: I don't think I'll be able to afford a mortgage either.

- 4 A: How were your flights?
B: The flight from Heathrow was fine but the return flight was delayed by two hours.

- 5 A: My parents want me to settle down.
B: My parents want me to settle down too.

1D | The quarterlife crisis

NOUN SUFFIXES

- 1 Complete the text with the correct noun form of the words in brackets.

Following the (1) _____ (*retire*) of the Head of Sales, and the (2) _____ (*depart*) of the Assistant Head to our London branch, two vacancies have arisen in the Sales (3) _____ (*Depart*). Applicants should possess (4) _____ (*flexible*) and (5) _____ (*enthusiastic*). (6) _____ (*Patient*), (7) _____ (*self-confident*) and the (8) _____ (*able*) to make (9) _____ (*decide*) are also an advantage. For details of the application (10) _____ (*proceed*), please contact Mrs Doris Hancock.

- 2 Rearrange the upper case letters to make words that match the definitions 1–6.

A person who ...

- 1 takes part in an event.
TRAPPINATIC _____
- 2 cares for nature and the planet.
STENTINERVIMONAL _____
- 3 writes a letter of recommendation for you.
EREEFER _____
- 4 studies the past.
ONASHIRTI _____
- 5 watches a sporting event.
TESCOTRAP _____
- 6 takes part in a public protest.
NOSTRODRAMET _____

- 3 Correct the wrong word in each group.

- 1 burial, occural, denial, survival _____
- 2 maturity, generosity, certainty, fondity _____
- 3 existence, absence, realizence, innocence _____
- 4 obediency, pregnancy, urgency, accuracy _____
- 5 investment, inhibitment, achievement, involvement _____
- 6 awareness, tiredness, sincereness, seriousness _____

VOCABULARY FROM THE LESSON

- 4 Put the lines of the letter in the correct order.

Dear Angela

Can you help me? I feel I'm stuck at the moment, living at home and in a dead-end job. It feels like I'm just treading

- ☐ a at home from the harsh
- ☐ b down but without a good salary there's no way I'll be able to take out a
- ☐ c what it means to look after myself. I'd like to settle
- ☐ d mortgage on a house. What do you advise?
- ☐ e realities of life, and that I need to stand on my own two feet and really grasp
- ☐ f spice to my life. My parents tell me that I'm too cocooned
- ☐ g water and going nowhere fast. I'd like to get a more exciting and well-paid job to add a bit of

TRANSLATION

- 5 Translate the text into your language.

Gingerbread is the leading grassroots charity supporting and representing the interests of very nearly 2 million lone parents and their children throughout England and Wales. Founded in 1970 by a lone mother in London, it aims to help families to help themselves by supporting social networks of friendship and peer support, and providing help and advice to one-parent families. It offers a confidential free phone line, and organizes holidays and events for families on a low income. It also runs campaigns on various children's issues in partnership with other UK charities.

1 | Reading

1 Match the diseases in the box to the definitions 1–3.

chickenpox measles mumps

- 1 a disease that mainly affects children in which the neck becomes swollen and painful _____
- 2 an infectious disease that most children get once, in which the skin is covered with red spots. It is a more serious disease in adults. _____
- 3 an infectious disease common in children in which there are red spots all over the body and a high temperature _____

2 Tick the diseases in exercise 1 you had as a child.

3 How do you expect a child to feel about becoming ten?

- | | |
|------------|----------------|
| a) excited | c) anxious |
| b) sad | d) indifferent |

4 Read the poem and choose the best alternative a–d for exercise 3.

5 Match the pictures A–E to the verses 1–5.

6 Match the words and phrases 1–6 to the definitions a–f.

- | | |
|------------------------------|--|
| 1 sneakers | <input type="checkbox"/> a starting to be ill |
| 2 psyche | <input type="checkbox"/> b emptied away like water |
| 3 disfiguring | <input type="checkbox"/> c number |
| 4 digit | <input type="checkbox"/> d sports shoes |
| 5 drained | <input type="checkbox"/> e mind |
| 6 coming down with something | <input type="checkbox"/> f spoiling the appearance |

7 Choose the best answer, a, b or c.

- 1 Who is the 'I' in the poem?
 - a) a child who is approaching their tenth birthday
 - b) a child who has just become ten
 - c) an adult remembering their tenth birthday
- 2 Who is the 'you' in the poem?
 - a) an adult
 - b) a ten-year-old
 - c) an imaginary friend
- 3 Verse 1 How is the writer feeling?
 - a) physically unwell
 - b) upset at the thought of becoming ten
 - c) misunderstood
- 4 Verse 2 How does the writer remember childhood?
 - a) as a time of fun and enjoyment
 - b) as a time of uncertainty
 - c) as a time of imagination and a sense of power

5 Verse 3 What feeling is described in this verse?

- a) uncertainty about what lies ahead
- b) sadness that childhood pleasures no longer feel the same
- c) worry about the responsibilities of adulthood

6 Verse 4 Why is this 'the beginning of sadness'?

- a) it's time to stop playing and be realistic about life
- b) adults do not enjoy themselves
- c) all the writer's friends have disappeared

7 Verse 5 What feeling is described in this verse?

- a) fear of the dangers of adulthood
- b) awareness of the limits of one's own power
- c) awareness of one's own vulnerability

8 What do you think? Choose the alternative, a, b or c, that matches your opinion.

- 1
 - a) I think the writer is a boy.
 - b) I think the writer is a girl.
 - c) I think it's unclear if the writer is a boy or a girl.
- 2 How did you find the poem?
 - a) depressing
 - b) poignant
 - c) uninteresting
 - d) thought-provoking
- 3 What is your own feeling about the end of childhood?
 - a) It is a difficult time for everyone.
 - b) It's an exciting turning point.
 - c) I've no recollection of a clear end to my childhood.

9 Which of the quotations do you think match the feelings described in the poem? Why?


1 "It's never too late to have a happy childhood."
Tom Robbins

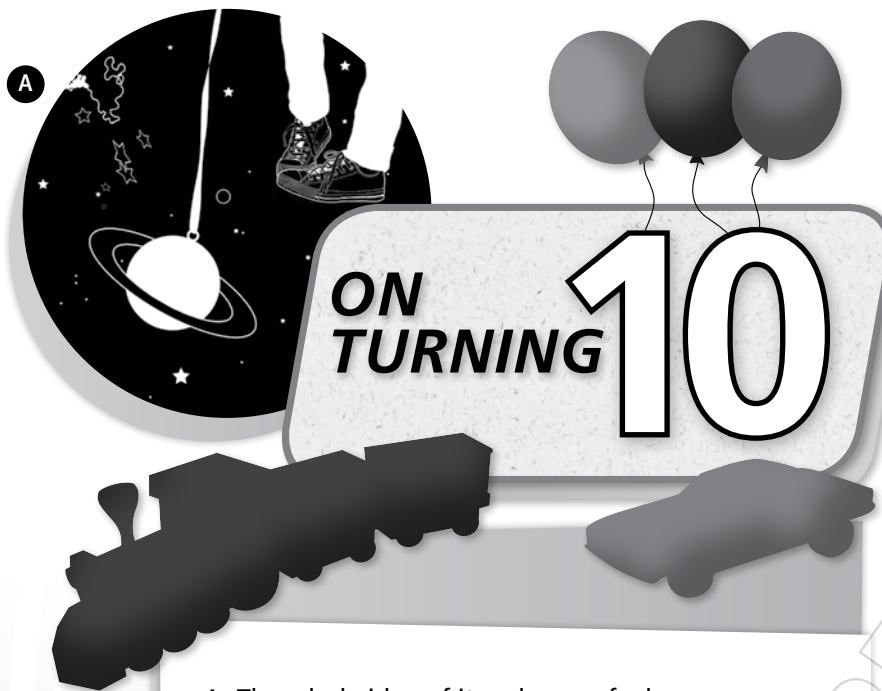
2 "A simple child,
That lightly draws its breath,
And feels its life in every limb,
What should it know of death?"
William Wordsworth

3 "There is always one moment in childhood when the door opens and lets the future in."
Graham Greene

4 "The older I grow the more earnestly I feel that the few joys of childhood are the best that life has to give."
Ellen Glasgow

READ & LISTEN

10  02 Listen to Reading 1 *On turning ten* on the CD and read the poem again.



- 1 The whole idea of it makes me feel
like I'm coming down with something,
something worse than any stomach ache
or the headaches I get from reading in bad light –
a kind of measles of the spirit,
a mumps of the psyche,
a disfiguring chickenpox of the soul.
- 2 You tell me it is too early to be looking back,
but that is because you have forgotten
the perfect simplicity of being one
and the beautiful complexity introduced by two.
But I can lie on my bed and remember every digit.
At four I was an Arabian wizard.
I could make myself invisible
by drinking a glass of milk a certain way.
At seven I was a soldier, at nine a prince.
- 3 But now I am mostly at the window
watching the late afternoon light.
Back then it never fell so solemnly
against the side of my tree house,
and my bicycle never leaned against the garage
as it does today,
all the dark blue speed drained out of it.
- 4 This is the beginning of sadness, I say to myself,
as I walk through the universe in my sneakers.
It is time to say goodbye to my imaginary friends,
time to turn the first big number.
- 5 It seems only yesterday I used to believe
there was nothing under my skin but light.
If you cut me I could shine.
But now when I fall upon the sidewalks of life,
I skin my knees. I bleed.

B Collins

