

		Listening texts	Listening skills	Vocabulary skill	
UNIT 1	Nourishment Page 7	1 Brain food Health and nutrition 2 Emotional nourishment Psychology	Pre-listening Predicting	Global Listening for main ideas	Phrasal verbs
UNIT 2	Community Page 17	1 Community service Social studies 2 A different kind of community Current affairs	Close Listening for examples	Close Listening for details	Adding prefixes for negative meanings
UNIT 3	Space Page 27	1 Work space Design 2 Urban sprawl Urban planning	Close Listening for reasons	Close Listening for time signals	Synonyms and antonyms
UNIT 4	Scale Page 37	1 Building big Design and technology 2 Big business Business studies	Close Listening for comparisons	Close Listening for contrasts	Word families
UNIT 5	Success Page 47	1 What is success? Personal development 2 Bidding for the games Current affairs	Global Listening to summarize	Close Listening for vocabulary in context	Homophones
UNIT 6	Pressure Page 57	1 Peer pressure Psychology 2 Earthquakes Geology	Close Listening for opinions	Close Listening for cause and effect	Collocations: expressions with <i>get</i>
UNIT 7	Fear Page 67	1 Fear of public speaking Personal development 2 Phobias Psychology / health	Global Recognizing organizational phrases	Close Listening for problems and solutions	Suffixes: <i>-ful</i> and <i>-less</i>
UNIT 8	Stories Page 77	1 A travel story Popular culture 2 Elements of a plot Literature	Close Listening for the order of events	Close Listening for details to add to a visual	Using descriptive adjectives
UNIT 9	Water Page 87	1 Bottled water Ecology / current affairs 2 An experiment with dry ice Chemistry	Close Listening for pros and cons	Close Listening for the order in a process	Working out vocabulary from context
UNIT 10	Persuasion Page 97	1 Hard sell / soft sell Business studies 2 A debate: paper vs. electronic dictionaries Education	Global Understanding speaker attitude	Close Listening to how an argument is supported	Collocations: expressions with <i>take</i>

Grammar	Speaking skill	Pronunciation skill	Speaking task	Digibook video activity	Study skills
Modals of advice	Offering advice and suggestions	The schwa	Offering advice to new students	Living with supermarkets	Improving your memory
Modals of probability	Encouraging communication	Linking vowel sounds	Discussing community service	Safety and freedom	Taking notes
Tag questions	Shifting the topic	Intonation in tag questions	Presenting ideas on urban environments	Crowding out our brains	Active listening
Making contrasts	Asking for clarification	Stress patterns in short phrases	Discussing large companies	Living larger, living longer	Managing your time
The past progressive	Agreeing and disagreeing	Compound nouns	Giving a presentation	Winning	Studying for tests
Present conditionals	Explaining something you don't know the word for	Pronouncing conditional sentences	Discussing academic pressure	Life under pressure	Being an effective group member
The present perfect	Managing questions	Sentence stress	Presenting a problem you solved	Fear of animals	Increasing confidence when speaking
Defining relative clauses	Being an effective public speaker	Emphatic stress	Telling a story	Bad news	Learning styles
Present and modal passives	Referring to visual aids	Stress in words with suffixes	Presenting a poster	Water politics	Making your point
Reported speech	Refuting an argument	Linking of some consonant sounds	Debating an issue	Just say yes...	Using e-communication for study