

Repetytorium dla szkół ponadgimnazjalnych Sample Pages – audioskrypt

Unit 1

Listening

1.01

Ex3/p8

Jack: Good news Saffy – I'm in the school play!

Saffy: That's great Jack. You're really into acting, aren't you?

Jack: Yes, I am. It's strange, I'm really quite shy but when I'm pretending to be another person I'm not shy anymore!

Saffy: I have to say you're a really good actor Jack. It doesn't look like you're pretending. You make people believe you're another person! And the audience can always hear what you're saying too.

Jack: That's really nice of you! You don't like acting, do you?

Saffy: No way! I mean, I'm really into drama and watching plays on stage. I love the atmosphere! But I can't act! It must be very scary to be in front of lots of people! I'd hate to forget my words and get a red face.

1.02

Ex4/p8

Interviewer: Zara Miles is in the new play *The Circle* at the Star Theatre and she's here to talk about acting. You must be worn out this morning Zara. *The Circle* is a very long play!

Zara: You're right – It goes on for four hours – but I'm not acting all that time! I have some breaks.

Interviewer: That's good! So, Zara, how long have you had an interest in acting?

Zara: For ages and ages! As a toddler, I loved dressing up in my mum's clothes – wearing her high heels, her earrings, her flowery skirts – you know, usually without her knowing! Kids love making out that they're different people, like film stars or doctors, and clothes and accessories help them role play. Most children grow out of this, but not me. I still love it. Costume is a big part of acting – put on an old person's shoes and you start to walk like an old person, put on a tight waisted dress from the 17th century and you're walking like a lady from that time.

Interviewer: Interesting! Have you got any other advice on becoming a good actor?

Zara: For me, it's all about emotions. Some actors try to convey emotions by imitating facial expressions. Their faces look concerned or angry, but I try to reproduce the characters' emotions by feeling the same way as my character, and then, I hope, my acting is more convincing.

Interviewer: Tell me Zara, do you still get nervous before a play?

Zara: Actors who say that they don't get butterflies are probably not telling the truth! My main worry is that I'm going to forget my words. Before the play I go over my lines again and again in my head. But when the play begins, I'm fine!

1.03

Ex2/p8

I love my mum but there are a few things about her that I find really annoying and top of the list has got to be her habit of pretending to be someone she's not! I don't mean literally taking on a false identity! It's just that when she's talking to someone maybe from a posh background with lots of money behind them, she'll make out that we're well-off too and talk about our plans for a holiday in the USA or the Caribbean. She doesn't lie straight out, she just bends the truth a bit! And we can be in the middle of a blazing row and her phone will ring and she switches immediately from being furious to being all sweetness and light. Then she reverts to being furious again after the call! Oh it's so infuriating!!

1.04

Ex3/p9

Speaker 1

I used to be really amazed at how easily some people are taken in by phone scammers – you know the ones who rip you off by claiming to be a lawyer contacting you about a surprise inheritance or something. But then I nearly fell for a scam myself. I was on my computer and someone called me claiming that I had a problem with a virus that he could fix. He was polite and seemed very knowledgeable and efficient. At first I panicked, after all my computer is vital for gaming and getting online and he started to talk me through how to let him install something to solve the problem. Finally I came to my senses and realised he was trying to take over my computer! I slammed the phone down immediately.

Speaker 2

I have to admit that I'm a hopeless liar – there's no way I could tell a lie convincingly and I've always been the same – since I was a child. My older sister could lie her way through anything, usually blaming me for anything naughty she'd done – and she was very mischievous! However, if I tried to make out that I hadn't done something, my face would just go bright red and everyone would know it wasn't the truth! I would try to lie but my mum would notice me blushing and see through me right away. It isn't worth the hassle!!

Speaker 3

When you go into a shop or a restaurant, you automatically expect the staff to be courteous, but in addition to that you expect them to be welcoming and chirpy. After all, who wants a surly waiter? But recently, I read an article about something called 'emotional labour' which is where in lots of jobs workers are expected to stick a smile on their faces even if they're feeling low. This forced happiness can really take its toll on health and home life. I know that hiding emotions is not generally a good thing but surely there are times in life when it's required and we just have to accept that.

Speaker 4

You hear a lot these days about people going into witness protection programmes. That's when they've given evidence against criminals and they need to change their identities completely. That must be so hard. I can't imagine needing to pretend that you're a completely different person with a different name, job etcetera. I saw a film about a man who had to change his appearance completely. His wife let something slip to a neighbour and his cover was blown. I guess in reality we may be living next to someone and not have a clue about who they really are! That is disconcerting!

Unit 2

Listening

1.05

Ex2/p22

I got back from the trip last night and am still recovering from all the walking we did! But I'm glad to have seen all the views – they were fantastic. As you know, I wasn't particularly looking forward to the whole sleeping bag experience as the only other time I'd slept in a tent was when I was eight. Those nights on the hard ground were uncomfortable to say the least! But I couldn't have been more wrong. These new bags are really soft and I slept like a baby. It just goes to show that you shouldn't moan about things before you try them. I wouldn't mind using one at home!

1.06

Ex3/p22

Speaker 1

When this was first on display, a lot of people were really taken aback. Was an unmade bed a piece of art? It wasn't a beautiful bed, it was messy and dirty. Many people loved it and others hated it but Tracey's Emin's artwork entitled 'My bed' became famous all over the world. We're lucky to be able to see it here today because for many years it belonged to a private collector. Now it is back here where it all started so the public can see it whenever they want to – and it still encourages lots of discussion, as you can imagine.

Speaker 2

When you've got a bad back, the right bed is really important, as we all know, and a lot of experts say that it should be quite firm, so I guess Queen Victoria had a really bad back! We were looking round one of her bedrooms and although I know it wasn't allowed, when no one was watching I leaned over and touched the mattress. It was rock-hard! I liked the style of it though – with four posts and a sort of roof on it. In fact you can pay a lot of money to sleep in one of those in some expensive hotels – or so the teacher told us.

Speaker 3

I'd had this idea that sleeping on one would make you feel a bit sick and when you turned over you would go up and down like in a boat! It was really nothing like that at all – and I'd go so far as to say it was one of the most comfortable nights I'd ever spent in a hotel. I don't know that I could ever afford one for the family home but if my company wants to put me up in the same hotel again, that would be great. They say waterbeds are very good for back problems too – I can thoroughly recommend one!

Speaker 4

OK. So, what's been happening recently? Well, as you know, after three weeks in a hotel, we've just moved in. For the first time in ages, I woke up this morning without a bad back after a really deep sleep in my new king-size bed! After a month on a thin mattress in a tiny single bed, – it's a luxury to

stretch out again. My parents weren't too sure about the size but I, with a lot of help from the man in the shop, persuaded them. The promise I had to make was to keep the room clean and tidy – small price to pay, I think!

1.07

Ex2/p22

Insomnia affects many of our listeners at various stages of their lives, whether it's because they're going through a particularly stressful period at school or work, or maybe because of other health issues. Whatever the reason, self-help books about how to beat it are becoming ever more popular and in addition, sufferers will go to extraordinary lengths, including visits to specialist sleep clinics, meditation classes and even hypnotists to try to get a full night's sleep. In fact, one simple rule could solve the problem and that is to develop and stick to a pre-sleep routine where you switch off all screens, give yourself enough time to relax, and only go into your bedroom when you're feeling sleepy. A good night's sleep and money saved! Try it.

1.08

Ex3/p23

1

Going into Jade Benton's bedroom is like stepping into a childhood dream. Everywhere there are dolls' houses of all shapes and sizes, a collection Jade has been building since she was six years old. The smallest and most highly prized in her collection requires you to lie flat on the floor to see into it. It is a copy of a Victorian house from 1850. The fourth wall has been removed to reveal an array of rooms from attic to basement, exquisitely furnished with tiny models of the furniture of the age. Look even more closely and you'll see the inhabitants of the house perfectly attired in period clothes; the lady of the house is sipping tea, the master is in his gun room, the nanny and children are playing with the dog. All in all Jade has fifteen dolls' houses ranging from Georgian times to the present day and the tallest nearly reaches the ceiling. More houses have been banned by the lady of Jade's house (Jade's mum) – otherwise Jade will be sleeping on the landing!

2

A good night's sleep is essential for everyone to be able to function properly the following day. I'm sure you can recall nights spent tossing and turning because you weren't comfortable. Perhaps the mattress was too hard, or too soft, you were too hot or cold. And you woke up with aches and pains as well as a woolly brain. So, if you want to sleep as soon as your head hits the pillow, why don't you check out the new Sleep Eazy range in our showrooms from the end of the month? The way to sleeping more soundly needn't cost you the earth. I guarantee that everyone will find something to suit their pocket and their sleeping needs.

3

Woman: I've always been slightly wary of psychologists' insistence that they can deduce a person's character from things like the way they dress or how messy their bedroom is etc. OK, so my room's in a bit of a state, but that's simply because I overslept this morning. Aren't most of these observations just glaringly obvious?

Man: Of course, you're right. More often than not people will dress or decorate their bedroom in a way to suit their temperament, and we instinctively recognise that, but take the bedroom for example, there are a lot of clues to personality that may not be so clear.

Woman: Such as?

Man: OK, for example, did you know that studies show that people who make their beds every morning – about 71% of us – are happier, enjoy their work more, and get more exercise than those who don't?

Woman: Well then – I'm a lost cause!