# Zeszyt

do języka angielskiego



# Vocabulary 1

1

	invent score get (x2) learn
1	a race
2	a goal
3	new skills
4	a distinction
5	a prize
6	a certificate
7	a new gadget
8	a scientific discovery
9	on an expedition
LO	voluntary work
3	
2	
3	
4	
5	
6	
7	
8	///
9	
LO	
	RECYCLE
•	otballer
ς	ientist

4

- 1 He's scoring a goal.
- 2 They're helping my brother.
- 3 He's winning the race.

# USEFUL PHRASES

1 take \_\_\_ a proud of
2 achieve \_\_ b your progress
3 track \_\_ c your goals
4 feel \_\_ d on a new challenge

Most of my friends have big ambitions for the future. For example, those who love technology would like to 

\_\_\_\_\_\_\_ some new gadgets, others want to 
\_\_\_\_\_\_\_ some important scientific discoveries or 
\_\_\_\_\_\_\_ on an expedition to a remote country in Africa. But my dream is to become a doctor and 
\_\_\_\_\_\_\_ some voluntary work in India. I think it's a great feeling when you help others, so I don't really need to 
\_\_\_\_\_\_\_ any prizes for my work. I simply want to 
\_\_\_\_\_\_\_ my personal and professional goals and 
\_\_\_\_\_\_\_ my personal and 
professional goals and 
\_\_\_\_\_\_\_ proud of myself when I'm an adult.

inventor \_\_\_\_ explorer \_\_\_ athlete \_\_\_ actor/actress



Reading	-
A And how does vInspired actually work?  B Looking for more inspiration?  C What exactly is vInspired?  D So, what kind of voluntary work are you doing now?  E Would you recommend it?  1 2 3 4 5	-
1 initiative	_
7 comfort zone g not able to use part of your body or brain  5	_
/ <del>/</del> /	_



# Language Focus 1

1	1 a I need to leave now because my bus
PRESENT SIMPLE	20 minutes.
People usually <sup>1</sup> vInspired	<b>b</b> I can't come to the party because
through school or a youth group.	I (help) a Scout group
	this weekend.
PRESENT CONTINUOUS	2 a My uncle (not / go) on
At the moment, I <sup>2</sup> towards	an expedition next week because he's ill.
the v50 certificate.	b The film (not / start)
1 Which tense do we use for actions happening now?	at 7 pm, but at 8 pm, so we have lots of
	time before then.  3 a What time (you /
2 Which tense do we use for habits and routines?	3 a What time (you / finish) school next Monday?
	b (you / go) out tonight?
	tyou / go, out tonight.
2	6 / 0 -
at the moment nowadays hardly ever today	Tim Hi! What ¹are you doing / do you do?
twice a week now every Saturday at present	<b>Alex</b> At the moment, I <sup>2</sup> wait / 'm waiting for a bus.
	Tim Where <sup>3</sup> are you going / do you go? <sup>4</sup> Do you
PRESENT SIMPLE PRESENT CONTINUOUS	want / Are you wanting to meet in town?
	Alex Sorry, I can't. I 5'm going / go to the
	football stadium. I <sup>6</sup> always help / 'm
	always helping with the training session
	on Saturdays.
$\rightarrow$	<b>Tim</b> Oh. What time <sup>7</sup> does it finish / is it finishing?
3	Alex Usually about 7 pm. But today we 8stay / 're
1	staying longer because there's an important
2	match this weekend. Er Oh no!
3	<b>Tim</b> What? Are you OK?
4	Alex Yeah, it's just that it 9's raining / rains and
5	I <sup>10</sup> get / 'm getting wet. This bus is always
6	late! Anyway, <sup>11</sup> do you do / are you doing
7	anything tomorrow at 5 pm? We could
8	meet then.
4	<b>Tim</b> OK, I'll give you a call then.
PRESENT SIMPLE and PRESENT CONTINUOUS	7
for future events	1
Next weekend, I <sup>1</sup> at England's	-
biggest music festival. It <sup>2</sup>	2
on Friday evening and <sup>3</sup> on	
Sunday evening.	3
• We use the present continuous to talk about	
<sup>4</sup> arrangements.	



a schedule.

• We use the present simple to talk about

events which are part of

# **(**

# Listening

NAME: Katio Wright AGE: 14

#### 2

TO MILE MARIE WINGHT MOLETTI
NUMBER OF HOURS:
VOLUNTEERING: a DJ for a hospital radio station
LEARNING: to cook 2
EXPEDITION: to 3
NAME: John Burton AGE: 15
NUMBER OF HOURS: 5
VOLUNTEERING: a lifeguard at his local swimming pool
LEARNING: whitewater 6
EXPEDITION: by 7on

### **TEST TRAINER**

#### 3

- 1 Katie is teaching people how to cook.
  - T/F
- 2 Katie's preparing a trip with another friend. T/F
- 3 For his voluntary work, John takes care of children. T/F
- 4 John is preparing to go on a cycling expedition. T/F
- 5 Katie and John are doing programmes with the same age groups. T/F

# Vocabulary 2

#### 4

positive	negative
generous	shy
confident	quiet
hard-working	selfish
caring	mean
easygoing	stressed
sociable / </td <td>lazy</td>	lazy
brave	cowardly

# 6

1	My aunt and uncle are very	
	They always give me £50 for my	birthday.
2	Paula is a verv	nerson She

2	Paula is a very	person.	She
	always thinks about herself first.		

3	My brother's really	He likes
	going to parties and meeting new pe	ople.

4	I don't think I am	just
	hecause I don't like watching horro	r films

5	Danny isn't very	He
	doesn't helieve in his abilities	

# 8

1	I'm usually	, but I'm
	sometimes	

2	Good role models are	·
	They're never	

3	I like	my	best	friend	because	he's/she's	;
---	--------	----	------	--------	---------	------------	---

4	I don't like people who are	

5	ľd	like	to	be	more	





# **Culture Today**

1

1983 1979 1993 2014

In 1\_\_\_\_\_, there was more than one winner of the Nobel Peace Prize: Malala Yousafzay and Kailash Satyarthi. Malala (b. 1997) became the youngest person ever to win the prize. After surviving a cowardly attack by the Taliban in Pakistan when she was 15 years old, Malala is now a brave and confident activist for the educational rights of women and girls in places where there isn't equality. Her co-winner is a children's rights activist from India.

Mother Theresa (1910–1997) was a Catholic nun who won the Nobel Peace Prize in <sup>2</sup>\_\_\_\_\_\_\_She was born in Kosovo, but lived in India for most of her life. A quiet, hard-working missionary, she was generous to the poor and caring to the ill and destitute. She founded hospices, clinics, schools and orphanages.

Lech Wałęsa (b. 1943) is a Polish politician and human rights activist who won the Nobel Peace Prize in 3\_\_\_\_\_\_. Originally an electrician, he co-founded the Solidarity union at a time when there weren't any trade unions under Communism. Wałęsa was the President of Poland from 1990 to 1995, during a period when there were a lot of social and political changes in the country.

Nelson Mandela (1918–2013) was a political activist who won the Nobel Peace Prize in 4\_\_\_\_\_. When there was a policy of apartheid in South Africa, and there weren't equal rights for black people, Mandela fought for equality. After being in prison for 27 years, he was the President of South Africa from 1994 until 1999.

- 4		ь.
-	7)	
		Б.
- 4	ч	

- 1 equality \_\_\_\_
- 2 equal \_\_\_\_
- 3 prison \_\_\_
- 4 nun\_
- 5 the ill and destitute \_\_\_\_
- 6 hospice \_
- 7 orphanage \_\_\_\_
- a very poor people with health problems
- **b** a woman who is a part of a religious group of women
- c a home for children without parents
- **d** a hospital for people who are dying
- e the state of having the same rights as other people
- f a place where criminals are kept
- g having the same rights as other people

4

Which person:

- 1 became the president of his/her country?
- **2** was born in Europe?
- 3 helped other people with their education?
- 4 fought/fights for equality?











# **Language Focus 2**

1

-		
AFFIRMATIVE +	NEGATIVE -	QUESTIONS ?
Malala is a brave and confident activist.	1	2
There are six Nobel Prizes every year.	3	Are there six Nobel Prizes every year?
He was the President of South Africa.	4	5
There was more than one winner of the Nobel Peace Prize.	6	
8	There weren't any trade unions Communism.	under 9
2	/<	Unit Grammar Check
1 4		
2 5		USE OF ENGLISH —
3		6
a Yes, he is d Yes, s b Yes, there were e No, th c No, she wasn't  LOOK  My parents and my sister are interested. There was a politician and six award wi yesterday. The police are ready to prote Everybody is happy in this orphanage. • The verb 'has to / doesn't have ag • In sentences with there is/are, the 'all the nouns / the first noun follo • Nouns describing a group of people a 'singular / plural verb. • We use 'singular / plural verb form pronouns.	d in world politics. inners at the ceremony ect the protesters. ree with the subject. verb agrees with wing it. e or things usually take	Almost everybody 1 to be famous and successful. Many young people go to big cities such as London, Paris, New York or Los Angeles because they believe that 2 a greater chance for them to become a star there. However, there are some people who win it all and then decide to leave it all behind. Let's look at two such ex-celebrities. Lauryn Hill 3 extremely popular in the late 1990s and the early 2000s, but she quit her career because she 4 happy with the music industry. This popular young actor said that the film-making industry was 'just too weird' and thought it would be better to take a step back in 2003. Now, Freddie Prinze Jr and his wife, Sarah Michelle Gellar, 5 happily in Los Angeles. These people thought that fame wasn't everything and that you can be happy without it. Some interviewers would like to ask them the following question: What 6 this weekend? Well, the answer would probably be something that 7 them happy, but we will never know.
<ol> <li>My friend and I weren't / wasn't were / was a fireman and a lot of think that there's / it's difficult</li> <li>Lucia and her dad is / are very g</li> <li>Is / Are your biology teacher east</li> <li>Everybody were / was quiet who</li> </ol>	of police.  to be brave during a war.  cood friends.  sygoing?  en they heard the news.	<ol> <li>a want b wanting c wants</li> <li>a it is b there is c they are</li> <li>a were b is c was</li> <li>a wasn't b there wasn't c weren't</li> <li>a live b lives c are living</li> </ol>
6 There are / is a lot of children's rin the world.	ights problems	6 a you do b do you do c are you doing
/	- are you doing	



7 Are / Is Jake and his twin brother hard-working

and confident?

7 a makes b make c is making



<b>⊘</b> Writing	WRITING PLAN
2	
1 expressions for beginning and ending an email	
2 short forms	
3 examples of the present simple tense	
4 examples of the present continuous tense	
3 I llike films such as	
2 I usually listen to bands like	
3 I read different kinds of books, including	
	>







Lan	guage in Action	6			
1		You	Hello, ¹		
<ol> <li>med</li> <li>lift</li> <li>arri</li> </ol>	5       departures         6       bus station         vals       7       toilets         alator       8       car park	Your friend	It's great <sup>2</sup> Hi, <sup>3</sup> Thanks for <sup>4</sup>		
		You	That's OK. How <sup>5</sup> ?		
3 Chris	Hello, Luis. It's ¹to / you / great / see / again	Your friend	flying.		
Luis	Hi, Chris. Thanks for $^2$ meet $/$ to $/$ me $/$	You Your friend	What time 7? We left 8		
Chris	coming That's OK. ³was / journey / your / how?	You	at about two o'clock.  Shall we go? 9		
Luis Chris	Oh, it was fine. I don't mind flying.  What time 4off / did / you / set?	Your friend	OK. I'm <sup>10</sup>		
Luis Chris Luis	We left Barajas at about three o'clock. Shall we go? Mum and dad are waiting in the car.  OK, 5looking / meeting / to / I'm / forward / them!	You Let 11  Your friend Oh, thanks – it's a bit heavy!  You Wow! What have you got in here?  Your friend 12!			
Chris	Let 6take / bag / me / your.		um and dad are called and Simon.		
Luis	Oh, thanks – it's a bit heavy!	<b>b</b> Carol a			
Chris	Wow! What have you got in here?	c Sally and Carl.  2 Chris's dad thinks that			
Luis	Lots of presents!		poots are heavy.		
5			an't park here at all.		
1 Jak ci minęła podróż? was		<b>c</b> Luis's b	bag weighs a lot. ney to their house will take about		
2 Cie	szę się, że ich poznam. forward	a 10 min	utes. <b>b</b> 30 minutes. <b>c</b> an hour.		
(0	tórej wyruszyliście? time				
4 Fajr	nie cię znowu widzieć. great				



5 Dzięki, że po mnie przyjechałeś. **for** 

6 Pozwól, że wezmę twoją torbę. let



## **Test Practice**

# Poziom podstawowy

A do some voluntary work

B invent a new gadget

	ı	
	ı	

- 1 Going on a two-week expedition in the jungle.
  - generous brave
- confident
- 2 Doing voluntary work with other people.
  - stressed caring
- sociable
- 3 Getting a good result in a school-leaving exam.
  - confident
     hard-working • mean

- 1 on Monday now
  - A I can't go to the cinema \_ because I'm taking my dog to the vet then. Why don't you ask Alice to go with you?
  - **B** She can't talk to you because she's studying for an exam. Can you call her again in the evening?
- 2 every year just like last year
  - A This year's Christmas concert starts at

What time do you want to meet up?

- **B** The tradition is that the Christmas concert starts at 6
- 3 is was
  - \_ a plan to make a new discovery during this year's expedition.
  - **B** There a plan to make a new discovery during last year's expedition.

3

- A getting a certificate from university
- B going on an expedition to 1 James the jungle 2 Bart
  - C watching a concert in Tuscany
  - **D** going on an expedition to a desert

.//	_
1/ / /	ာ
+	/4
	/ 7

# Zadanie testujące

People

- 1 Ron
- 2 Jasmine
- 3 Vanessa
- 4 Fddie
- C win a race D pass some exams
  - E learn a new skill

/		/.	$\wedge$
	1		7
	<		

# **(**

## **Test Practice**

#### 1

- 1 Anna Paquin achieved her first success
  - A in the series True Blood.
  - **B** at the age of 11.
- 2 In 2009, Anna Paquin
  - A achieved her first success.
  - **B** received a Golden Globe Award.

#### 2

- 1 She achieved her first success at the age of 11.
- 2 She received a Golden Globe Award.

#### 4

- 1 Chloe admires Bono because he
  - A has won the Nobel Peace Prize.
  - **B** helps people in Africa.
  - C is not old.
- 2 The dialogue is about
  - A celebrities who can't sing.
  - **B** Chloe's favourite artist.
  - C Harry's favourite artist.
- **3** Where are Chloe and Harry?
  - A at school
  - B at home
  - C in the cinema

### 5

# Zadanie testujące

#### Tekst 1

- 1 Sophie thinks that young people in general
  - A want to be fashion models.
  - B have different role models.
  - C like to do voluntary work.
- 2 Sophie says that she
  - A enjoys doing all school subjects.
  - B likes doing chemistry.
  - C thinks school is boring.
- 3 The conversation takes place
  - A in the street.
  - **B** at school.
  - C on the radio.

#### Tekst 2

- 4 Kevin says that Lionel Messi
  - A plays for Manchester United.
  - **B** lives in Europe.
  - C scored three goals in the 2011 Champions League final.
- 5 When Kevin talks about the 2011 Champions League final, he says that
  - A Lionel Messi was brilliant.
  - **B** Manchester United was brilliant.
  - C the match was brilliant.
- 6 Kevin admires Lionel Messi because
  - A he's one of the best footballers in the world.
  - **B** he has won Champions League.
  - **C** in addition to being good at football, he helps children.





## **Self Check**

#### 1

- 1 learn / win / get some new skills
- 2 win / pass / do a prize
- 3 go / start / get a distinction
- 4 get / do / make voluntary work
- 5 get / pass / do a certificate

5

2

positive	negative
generous	1
2	cowardly
3	lazy
sociable	4
5	stressed

5

3

- A What time did you <sup>1</sup> let \_\_\_\_\_ off?
- **B** At about 8 pm yesterday. Anyway, thanks

  <sup>2</sup> forward \_\_\_\_\_ coming to pick me up.
- A No problem. I'm very happy to see you.
- B Me too! I'm looking <sup>3</sup> for \_\_\_\_\_\_ to visiting Poland.
- A Yeah. <sup>4</sup>Set \_\_\_\_\_ me help you with the bags. My parents are waiting.

4

- 1 It / not rain / every day.
- 2 She / speak English / at the moment.
- 3 Maggie and Josh / go on an expedition / next year.
- 4 The plane / depart / 5.30 am.

4

5

(your mum / work) today?

2 How often \_\_\_\_\_\_\_(you / play) football?

(vour classmates / write) now?

4 When \_\_\_\_\_\_(you / usually do) your homework?

4

6

1 My grandparents were politicians. X (teachers ✓)

2 They are lazy. ✗ (hard-working ✓)

3 My first teacher was English. X (Polish ✓)

4 Mother Theresa was a scientist. X (nun ✓)

5 Malala Yousafzay is from India. ✗ (Pakistan ✓)

7

1 \_\_\_\_\_ about 150 students. (🗸)

2 \_\_\_\_\_\_ a swimming pool. (X)

3 \_\_\_\_\_ a big sports hall. (✓)

4 \_\_\_\_\_ any French teachers. (X)

5 \_\_\_\_\_ eight classrooms. (🗸)

8

One of my favourite singers is Mika. I \*listen often / often listen to his songs when I \*2're / 'm feeling stressed. Mika \*3was / were born in Lebanon in 1983, but now he and his family \*live / lives in London. When Mika was young, \*5was / there was a war in Lebanon and his family moved to England. Mika \*6wasn't / weren't happy at school because he was very shy. Later, he \*7was / there was a student at the Royal College of Music. Before he became a pop star, Mika was an opera singer! Next year, he \*goes / is going on tour again.

Total:



5





podróż

/'d33:(r)ni/

# Wordlist



/ get a sa(r) tifikat/ /<sub>.</sub>get ə dı¹stıŋk∫(ə)n/ gəu on ən ekspəˈdɪʃ(ə)n/ /ha:(r)dli 'evə(r)/ hard-working (adj) /,ha:(r)d'w3:(r)kin/ /help ða kə mju:nəti/ /hpspis/ /hju:<sub>mæn1</sub>teəriən/ /im'pru:v/ /n(e)/lib'e nr.\ /ˌɪn ˈtəʊt(ə)l/ /in'klu:d/ zawierać /in¹klu:diŋ/ w tym /ı'nıʃətıv/ inicjatywa /ınˌvent ə ˌnju: wynaleźć nowy 'gædzit/ przyrząd/gadżet wynalazca /in'venta(r)/

ngo on an

help the

community

hospice (n)

improve (v)

in addition

include (v)

initiative (n)

inventor (n)

minvent a new

gadget

including (prep)

in total

expedition

hardly ever (adv)

humanitarian (adj)

journey (n) osiągać cele osiągnięcie działacz polityka segregacji rasowej hala przylotów sportowiec nagroda odważny brązowy (np. medal) kajakarstwo opiekuńczy. troskliwy strefa kómfortu pewny siebie gotowanie tchórzliwy bieżący, obecny hala odlotów opisywać reżyser niepełnosprawny choroba pracować jako wolontariusz lekarstwo spokojny, opanowany záchecać równy równouprawnienie schody ruchome badacz' być z czegoś dumnym zakładać (np. organizację) hoinv. wspaniałomyślny otrzymywać certyfikat/ świadectwo dostawać wyróżnienie jechać, wyruszać na wyprawę prawie nigdy pracowity pomagać społeczności hospicjum humanitarny doskonalić, ulepszać oprócz, poza w sumie

/ˈleɪzi/ lazy (adj) learn new skills /ˌlɜː(r)n ˌnjuː ˈskɪlz/ Lebanon /'lebənən/ lifeguard (n) /'laif.ga:(r)d/ lift (n) /1rft/ like (prep) /laɪk/ log (v) /log/ look forward to (v) /ˌluk 'fɔ:(r)wə(r)d make a scientific meik ə saiən tifik dı skλv(ə)ri/ discovery mean (adj) /mi:n/ missionary (n) /ˈmɹʃ(ə)n(ə)ri/ nowadays (adv) /ˈnaʊəˌdeɪz/ nun (n) on foot /ˌpn ˈfut/ orphanage (n) /'o:(r)f(ə)nɪd3/ pacifist (n) /'pæsifist/ peace (n) /pi:s/ prison (n) /'priz(ə)n/ quiet (adj) /'kwarət/ recommend (v) /,rekə<sup>'</sup>mend/ role model (n) /lraul lucal/ science (n) /'saiəns/ scientist (n) /'saiantist/ score a goal /skar a 'gaul/ Scout (n) /skaut/ selfish (adj) /'selfif/ set off (v) /set bf/ shy (adj) /sai/ /silvə(r)/ silver (adj) sociable (adj) /\sau(ab(a)1/ social (adj) /\səu\(\(\phi\))1/ steward (v) /stju:ə(r)d/

stressed (adj) /strest/ such as /sʌtʃ æz/ Take on a challenge / terk on a tfæləndz/ the ill and destitute /ði ˌɪl ənd 'destitju:t/chorzy i ubodzy track your progress / træk jo:(r) praugres/ trade union

/treid\_ju:niən/ /vpləntiə(r)/ volunteer (n) win a race /win a reis/ win a prize /win ə 'praiz/

/wina(r)/

winner (n)

leniwy zdobywać nowe umiejętności Liban ratownik (np. nad morzem/na basenie) winda taki/taka/takie jak rejestrować swoje wyniki oćzekiwać, nie móc się doczekać dokonać odkrycia naukowego skąpy misjonarz obecnie zakonnica pieszo sierociniec, dom dziecka pacyfista pokój (stan bez wojny) więzienie cichy, spokojny polecać osoba/wzór do naśladowania nauka naukowiec strzelić gola harcerz egoistyczny, samolubny wyruszać nieśmiały srebrny towarzyski społeczny utrzymywać porządek (np. podczas imprezy masowei) zestresowany taki jak podejmować wyzwanie

śledzić swoje

wolontariusz

zwyciężyć

w wyścigu

zwycięzca

zdobyć nagrodę

związek zawodowy

postępy







# USEFUL EXPRESSIONS

How was your journey?

I'm looking forward to meeting them.

It's great to see you again!

Let me take your bag.

What time did you set off?

Thanks for coming to meet me.

Thanks for your last email.

Kisses...

Jak ci minęła podróż?

Cieszę się, że ich poznam.

Fajnie cię znowu widzieć!

Pozwól, że wezmę twoją torbę.

O której wyruszyłeś/wyruszyłaś?

Dzięki, że po mnie przyjechałeś/przyjechałaś.

Dzięki za ostatni e-mail.

Buziaki...



