

Objectives In this unit, I will ...

- learn the names of sports and hobbies.
- ask and answer questions about sports and hobbies I've tried.
- learn about China and the history of kung fu.
- talk about how long I've done sports and hobbies.
- read and write a magazine article about a famous person.
- have a conversation about sport.
- learn how to achieve my goals.

Wow! I've just received a message from China. Let's find out how the children make a difference there.

Make a difference

Hi, everyone!
My name's Mei and I live in Shanghai, a city on the east coast of China. Last month, my class learnt about a school in the countryside that didn't have any sports equipment, so we decided to help. **We collected old games and toys and sold them at the school fair.** Then we used the money to buy some new sports equipment for the rural school. Here are some photos of the things we bought and some photos of the sports my classmates love doing in their free time. I hope you like them.



1 Look at Mei's photos. **Whole Class**
Answer the questions.

- 1 Which sports equipment have you used?
- 2 What did you do with it?
- 3 Which sport looks the most fun? Why?
- 4 Which sports do you enjoy doing?

2 Look and match with photos 1-12.
Listen, check and repeat.

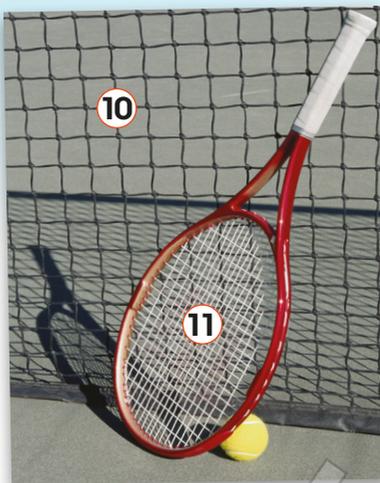
archery gymnastics fencing athletics
water polo trampolining martial arts
net rope racket hoop crash mat

3 Listen and do the vocabulary quiz.

4 **Thinking skills** How do the words connect?

tennis / badminton fencing / archery hoop / net
water polo / volleyball gymnastics / martial arts

You need a racket to play tennis and badminton.



5 **Thinking skills** Read the rest of Mei's message. Which fact do you think is untrue?



My favourite sport is badminton. Here are some amazing facts about this sport. Can you guess which one is untrue?

BADMINTON

fun facts

- 1 Badminton is the fastest racket sport in the world. Some players can hit a ball called a shuttlecock at more than 300km/h.
- 2 There are more people in the world who play badminton than basketball.
- 3 The shortest official badminton match in the world lasted only six minutes.
- 4 A badminton player can run more than 10km on the court in just one match.
- 5 Badminton is played with a shuttlecock. A shuttlecock has got 16 feathers on it. The best feathers from the left wing of a goose.
- 6 In the past, the Chinese played a version of badminton called Ti Zian Ji. However, they didn't use rackets to hit the ball. They used their feet.



Answer: number 4 is untrue. A badminton player can run over 2km in a match.

6 **Communicate** Ask and answer about sports.



What equipment do you need to play volleyball?

You need a net and a ball.

What are the rules?

You must pass the ball to your teammates and hit it over the net.



1 Describe the photo. Do you know the name of this activity? Read and listen to find out.



Hi, Mei. Your project sounds amazing.

Thanks, Callum. I'm sure the school will be happy with the sports equipment.



Will the children use the rope for skipping?



No. They'll use it to play tug-of-war. It's a traditional sport in China. Look!



That looks great fun. Have you ever played tug-of-war?

Yes, of course.



Really? When did you play it?

I played it at a camp last summer. My team lost, but we didn't mind.



What other traditional Chinese sports and games have you tried?

I've played chess and I've done kung fu, too.



Kung fu! But that's a violent sport, isn't it?

Not at all. There's some information about kung fu on my class wiki. I'll send it to you.



2 **Communicate** Read the dialogue again and correct the sentences.

- 1 Tug-of-war is a modern Chinese sport.
- 2 Mei played tug-of-war two years ago.
- 3 Mei has tried five traditional Chinese sports.
- 4 Mei thinks that kung fu is violent.

3 Look and learn.

Grammar Wall

Present perfect & past simple questions

Present perfect questions

Have	I/you/we/they	ever	played tennis? been sailing? done athletics?
Has	he/she		

Yes, I/you/we/they **have**. Yes, he/she **has**.
No, I/you/we/they **haven't**. No, he/she **hasn't**.

Past simple questions

When	did	I/you/he/she/ we/they	play tennis? go sailing? do athletics?
------	-----	--------------------------	--

4 Read and think. Choose.

Think about grammar



- 1 We use the *present perfect* / *past simple* to ask about an experience in the past.
- 2 We use the *present perfect* / *past simple* to ask more questions about this experience.

5 Look at the dialogue in Activity 1 again. Find more examples of present perfect and past simple questions.

6 **Communicate** Ask and answer.

go: jogging, horse riding, cycling
play: water polo, volleyball, badminton
do: archery, a martial art, trampolining

Have you ever done archery?

Yes, I have.

When did you do it?

I did it when I was seven.

Before you read

Mei sent me this information from her class wiki.

**1 Thinking skills**

Read and discuss.

- What can you see in the photo on the right?
- What do you know about this sport?
- Do you think it's difficult to do? Why? / Why not?
- Would you like to try it? Why? / Why not?

2 Listen and read.

⏪ ⏩ ⏴ ⏵

Kung fu

🔄

KUNG FU

HISTORY

About 1,500 years ago, Chinese monks started using kung fu for self-defence and to protect their temples. The most famous monks lived in the Shaolin Temple where they trained their bodies and minds to help people and to understand the world around them. Nowadays, Shaolin monks travel all around the world to demonstrate their kung fu skills. They have also appeared on television and millions of people have seen their amazing strength and flexibility.

STYLES

Shaolin monks divide kung fu into five styles which are based on the movements of animals. The most powerful and energetic style is the dragon. The tiger style helps develop strength and the leopard style develops power and speed. The snake style develops flexibility and the crane style develops balance and fast foot movement. All five styles develop discipline and self-control.



Kung fu

NOUN /ˌkʌŋ ˈfuː/
Kung means skill and *fu* means man. When we put these words together it means skill achieved through hard work.

TRAINING

Children can begin training with the Shaolin monks when they're about six years old. They get up at five o'clock in the morning to exercise and go to bed at nine o'clock in the evening. Trainee monks aren't allowed to play computer games and their diet is only rice and vegetables. However, they can play football in their free time and they're brilliant players.




After you read

➔ Go to page 18 in your Activity Book.

Values

- What do all five kung fu styles develop?
- Why is it important to have self-control?
- What makes you feel angry?
- How can you control your temper?

Key learning outcomes: read a story with a cultural focus; listen for specific information
Values: the importance of self-control

1 Listen and read. Act out.



Callum: Are you interested in martial arts, Tom?
Tom: Yes, I am. I do karate twice a week.
Callum: I didn't know that. Do you like it?
Tom: Yes, it's good fun. I get fit and it helps me concentrate, too.
Callum: How long have you done karate?
Tom: I've done it since I was eight. I've got an orange belt now.
Callum: Really? How long have you had your orange belt?
Tom: I've had it for six months. If I work hard, I'll get a green belt next.
Callum: Can you show me a karate move?
Tom: Yes, of course. Watch this!



2 Look and learn.

Grammar Wall

Present perfect

How long	have	I/you/ we/they	played tennis?
	has	he/she	studied French?
I/You/ We/They	have	played tennis	for two years.
He/She	has	studied French	since last year.

3 Read and think. Choose.

Think about grammar



- We use **for** to talk about the period of time.
For: *two days, six months, one year, a long time*
- We use **since** to say when the action started.
Since: *Friday, last year, 5th November, I was five*
- We use the present perfect with **for** or **since** when the action *has / hasn't* finished.

4 Look at the article on page 21 and the dialogue in Activity 1 again. Find more examples of the present perfect.

5 Listen and read. Why are some words underlined? Listen again and repeat.



Pronunciation

- How long have you played the piano?
- I've played the piano for three years.
- How long have you worn glasses?
- I've worn glasses since I was six.
- How long has she lived next door?
- She's lived next door for a long time.

6 **Communicate** Ask and answer. Think of more activities.

study English? have a camera?
 play football? live in Madrid?
 like pop music? do athletics?



1 Look and match. Listen, check and repeat.



sing in a choir do circus skills collect cards belong to a sports club
go to drama class do photography do needlework make models



2 Listen and say A, B or C.

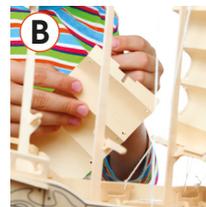


Listening tip!

Listen for the general idea first. Focus on the words you know.

1 What does Sophie enjoy collecting?

2 What's Sue's hobby?



3 Listen again. Which expressions do the children use to say what they prefer?



- I prefer collecting stamps to cards.
- I'd rather collect stamps than cards.
- I prefer making models now.
- I'd rather make models now.

4 **Communicate** Ask and answer to complete the chart.

Teacher's Resource Bank: Unit 2

What does Silvia do in her free time?

How long has she sung in a choir?



She sings in a choir.

She's sung in a choir since she was ten.

Before you read
1 Read and discuss.


- Are you interested in reading about the lives of famous people? Why? / Why not?
- Where can we find out information about them?
- Which famous people have you read about in magazines? What did you find out?


Reading tip!

Look at the pictures before you read. Try and guess what they show.

2 Look at the photos. Why do you think this person is famous? Read and find out.

My favourite sports star



Gisela Pulido is an incredible kitesurfer. She can travel across the waves at more than 40km/h and jump ten metres into the air before landing in the water again.

Gisela was born in Barcelona in 1994 and from a young age she loved sports. She began having kitesurfing lessons when she was eight, and in 2003 she entered the European Junior Championship and won first place in the under-14 category. After that, her family decided to move to Tarifa in the south of Spain so she could combine training with her school work. In the summer holidays, she travelled all around the world to compete in international kitesurfing competitions. When she was only ten, Gisela became the youngest kitesurfing world champion and since then she's been the world champion ten more times.

Gisela is still one of the best kitesurfers in the world.



She's hard-working and self-confident and she loves her sport. She also loves new challenges. She's raced a ferry in the Mediterranean Sea and she's sailed the enormous waves in the south of Australia.

Now, there is a Gisela Pulido kitesurfing school in Tarifa, with a shop that sells great kitesurfing equipment.

I think that Gisela is an amazing sportswoman and I'm sure that she'll win a lot more competitions in the future. You can follow Gisela on many social media sites.

Written by Samantha Owen (aged 14)

After you read
3 What do you think?


- Do you think Gisela is an interesting person? Why? / Why not?
- Which information in the article is the most interesting?
- Would you like to find out more information about Gisela? What would you like to know?

➔ **Go to page 21 in your Activity Book.**

Key learning outcomes: read a magazine article for general understanding; scan an article for specific information; discuss the article's main featured person

Investigate a text

- 1 Read the information. Write two open and two closed questions about Ross Lynch.



It's a good idea to make a list of questions before you research a person.

Closed questions have got two possible answers: *yes* and *no*.
Does Gisela live in Tarifa?

Open questions have got different possible answers.
Why does Gisela live in Tarifa?

- 2 Read the article. Does it answer your questions?

MY FAVOURITE STAR

Written by
Jodie Allen
(aged 12)

Ross Lynch is an American singer, musician, dancer and actor.

He was born in Colorado in 1995 and he started dancing when he was very young. When he was 12, his family moved to California. He learnt how to play the guitar there and he created a band called R5 with two of his brothers, his sister and a friend. Ross also started acting, and when he was 16 he won the part of Austin Moon in the popular television series *Austin and Ally*. Since then, he's appeared in several films and he's recorded some brilliant music CDs. He's won many awards for his acting and music videos.

Ross loves flying and making model planes. He also enjoys drawing and sketching in his free time.

I think that Ross is a fantastic actor and musician. I'm sure that he'll be a huge star in the future.



photo

title → MY FAVOURITE STAR

introduction → Ross Lynch is an American singer, musician, dancer and actor.

biographical facts → He was born in Colorado in 1995 and he started dancing when he was very young. When he was 12, his family moved to California. He learnt how to play the guitar there and he created a band called R5 with two of his brothers, his sister and a friend. Ross also started acting, and when he was 16 he won the part of Austin Moon in the popular television series *Austin and Ally*. Since then, he's appeared in several films and he's recorded some brilliant music CDs. He's won many awards for his acting and music videos.

unusual facts → Ross loves flying and making model planes. He also enjoys drawing and sketching in his free time.

opinion → I think that Ross is a fantastic actor and musician. I'm sure that he'll be a huge star in the future.

Discuss a text

- 3 Read the article again. Answer the questions.



- 1 What's the title?
- 2 What do we find out in the introduction?
- 3 Which facts are in the second paragraph?
- 4 Which facts are in the third paragraph?
- 5 What's the writer's opinion?
- 6 Why is there a photo?

**Writing skills: Extreme adjectives**

We use extreme adjectives to make texts more exciting and more interesting to read:

good – brilliant, fantastic, amazing

surprising – astonishing

big – huge, enormous, massive

interesting – fascinating

Remember that we can't write *very* before an extreme adjective.

- 4 Look at both articles again. Find examples of extreme adjectives.

➔ Plan and write a magazine article about a famous person on page 22 in your Activity Book.



1 Describe the photos. Have you ever done these sports?



2 Listen to the conversation. Which sport does James talk about?



3 Listen again. Complete the four questions that Anna asks.



- How often ...?
- Do ...?
- Who ...?
- Would ...?

4 → Prepare a conversation about your favourite sports on page 23 in your Activity Book.

What sport do you play?

I play water polo and I train three times a week and I ...

Sorry, I didn't catch that. Can you speak more slowly, please?

Yes, of course. Sorry.



Conversation time

Remember to tell people if it's difficult to understand them.



Sorry, can you speak more loudly, please?



Sorry, can you speak more slowly, please?

5 **Reflect on the unit** Read and think about your learning. What can you do now?



Hi, Mei. Thanks for your messages. I've learnt a lot about sports and hobbies and I'm sure that the sports equipment will make a big difference.

I hope so. Speak again soon!



I can talk about how long I've done sports and hobbies.

I can find China on a map and talk about kung fu.

I can read and write a magazine article about a famous person.

I can have a conversation about sport.

→ Do the Unit Review on page 24 in your Activity Book.



Today's programme is about hobbies. Have you got any hobbies? Are you good at them?



1 Watch the video. Read and answer the questions.

- 1 How often does Max's brother play the piano?
- 2 How long has Max's cousin had guitar lessons?
- 3 What does Max's friend say when he loses a game?
- 4 What do the ballerinas have to concentrate on?
- 5 Why does the boy who plays football have to keep fit?

2 Watch the video again. Which two of these things do the children use? What for? What are the other two items used for?



3 Read, think and answer.

Keep going!



Activities are sometimes difficult, but it's important to keep going. Read these tips. Can you think of any more tips?

Set a goal.

Have a positive attitude.

Don't give up.

Be patient.

Keep practising.



4 Work with a partner. Which activities are sometimes difficult for you? Discuss.

a school subject a sport a creative activity another activity

Maths is sometimes difficult for me. What about you?

No, it's not difficult for me.