









SPORT



- (beach) volleyball athletics baseball
- boxing canoeing climbing cricket
- cycling diving football golf
- weightlifting
 horse-riding
 ice hockey
- ice-skating
 rollerblading
 rugby
- running
 skateboarding
 skiing
 squash
- snowboarding
 surfing
 swimming
 tennis
- table tennis
 gymnastics
 wrestling

1 four water sports _

2 two sports connected with fighting _____

3 three sports where you usually sit down to do the sport _

4 two sports which involve a number of different activities _____

5 sports which you can do on your own ___

6 sports which you play in teams _____

SPORTS EQUIPMENT



- net ____ boots ____ goggles ____
 - helmet ____ racket ____ bat ____
 - skis ____ strip _



| - | | k |
|----|---|---|
| А | | |
| | 4 | |
| V. | _ | |
| | | |

- ball board club costume / trunks
- goal
 wetsuit
 - 1 tennis ____
 - 2 baseball _____
 - 3 swimming _____
 - 4 golf _____
 - **5** surfing _____
 - 6 football _____
 - 7 skiing ____

SPORTS FACILITIES



- centre court pitch pool ring rink
- slope
 stadium
 - 1 athletics
 - 2 Olympic-size swimming _____
 - 3 football _____
 - 4 health and fitness
 - **5** dry ski _____
 - 6 tennis _____
 - 7 ice-skating _____
 - 8 boxing _____

SPORTSPEOPLE

football _____



- athletics __ gymnastics _ cycling ______
 swimming _____ diving _____ weightlifting _
- SPORTS TRAINING AND EVENTS



- · catch · hit · kick · score · throw · win
 - 1 In football, the players _____ goals by _____ the ball into the net.

- 2 In baseball and cricket, if you ____ the ball with your bat and a player from the other team _____ it, you're out.
- 3 In basketball, you get points when you _____ the ball into the net. The team with the most points ____

() 03

| а | I like watching it, not playing it. |
|---|---|
| b | I have an important position in my team. |
| С | I've only just started playing. |
| d | I've done very well in this sport. |
| е | I really need to practise more. |
| f | I got slightly better with the help of a trainer. |

| / | | |
|-----------|-----------|-----------|
| Speaker 1 | Speaker 2 | Speaker 3 |
| - p | | |

1 04

Speaker 1 I'm the (1) _____ of my football team. Last year we were (2) _____.

Speaker 2 I know I don't (3) _____ enough.

I had a few sessions with our (4) _____

Speaker 3

| I think it's nice t | o watch, but I'm not an |
|---------------------|-------------------------|
| enthusiastic (5) | Sometimes |
| I go to the local | court but I'm not very |
| (6) | _! |



- 1 The young tennis star should **beat / win** her opponent in tomorrow's match.
- 2 I'm going to win the game and you're going to miss / lose!
- 3 Why don't you join / enter the 100-metre race in our school sports day?
- 4 Who do you *cheer / support*, Manchester United or Manchester City?
- 5 Our team drew / competed 1-1 with Cracovia in yesterday's game.

READING

- 1 In Text A, why do Suze and Brian send their emails?
- 2 In Text B, why were the fans annoyed?
- 3 In Text C, is 55 cm a lot or a little?
- 4 In Text D, what is Ted doing now?



- 1 competition (Text A)
- 2 people who are paid to do a sport (Text A)
- 3 people who follow a particular sport (Text B)
- 4 the 'judge' in a football or basketball match (Text B)
- 5 be with (Text D)





Text A

< ☑ New message

Hi Anna!

There's an athletics tournament next month. It would be so cool to go together! It won't be like sports day at school. There will be professional athletes and they might break some records. Also the TV cameras will be there, so we might be on TV! Let me know. Suze

≺ ☑ New message

Hi Paul, I've got two tickets for the match on Wednesday. It won't be on TV, so this is our only chance to watch the game. I think our team will win because they haven't lost a match since January! We'll leave at 7 pm so we'll get back late. We've got school the next day, but I'm sure it won't be a problem. Are you interested?

- 1 Both emails are about
 - A watching sport on TV.
 - B attending a live sporting event.
 - C taking part in sports at school.

Text B

Football supporters are calling for the use of video technology after a referee made a terrible mistake in a recent game. The match was nearly over when the referee gave a penalty, and the fans were angry because they believed that the wrong team won.

- 2 The writer wrote this text
 - A to explain why the players didn't play well.
 - B to warn readers about using video technology.
 - C to show that referees can make wrong decisions.

Text C

Brian

The long jump world record

When an athlete breaks a world record, we know that he or she will probably jump a little further or run a little faster. But in the 1968 Olympics, Bob Beamon broke the previous long jump record by an incredible 55 cm! His world record of 8.90 metres stood for 22 years, until Mike Powell jumped 8.95 metres at the World Athletics Championship. However, nobody has ever jumped further than Beamon during the Olympic Games.

- 3 Bob Beamon
 - A made the second longest jump.
 - B still holds the world record for the long jump.
 - C has jumped the furthest in the Olympic Games.

Text D

Morning Sam,

- 1 See you soon.
- 2 When you wake up, come and join us.
- 3 I've gone to play tennis with Gina.
- 4 Please bring your racket and balls.

Ted

- 4 The correct order of the sentences in the message is
 - A 3-2-1-4.
 - **B** 3-2-4-1.
 - C 2-1-4-3.

what
 careful
 forget
 again
 law

Giving orders

- Tidy your room now!
- Don't (ever) do that (1) _
- Do (2) _____ I tell you!

Giving instructions

- First / Firstly / Secondly / Then, ...
- Make sure you ...
- Don't (3) _____

Giving warnings

- Be (4) _____
- Watch out! / Look out! / Mind out!

Forbidding

- Don't touch the ball!
- You mustn't / must not touch the ball.
- ... is not / isn't allowed. / is forbidden.
- ... is against the (5) _____ / rules.
- A dawanie instrukcji ____
- **B** składanie gratulacji ____
- C zgadzanie się ____
- **D** zakazywanie ____
- E ostrzeganie __

OPEN TASK

- 1 X: What are you doing?
 - Y: I'm just taking a few photographs.
 - X: I'm sorry. Taking photographs the rules here.
- 2 X: I came first in my race and won a prize!
 - . You deserve it!
- 3 X: When's Mum's birthday?
 - Y: It's on Wednesday. ____ don't forget!
- X: That decision was completely wrong!
- Y:______you. The referee is awful today.
- X: Shall I help you?
 - Y: Yes, please. Firstly, could you bring the rest of the sports equipment out here? And __ tell you what I want you to do next.



- Okay, but be very careful on the road!
- Yes, of course. Understood. R
- First, you control the ball. Then you C choose your moment and shoot.
- D No, sorry. It's not allowed.
- Their goalkeeper's good at stopping Ε the ball going into the goal.

| Speaker 1/ | Speaker 2 |
|------------|-----------|
| Speaker 3 | Speaker 4 |



Checking if someone has understood instructions:

Got that? / Did you get (all) that?

- Positive reply: Got it. / Yeah, think so. / Done!
- Uncertainty: Come again? / One more time. / Sorry, I didn't catch that.

| | | | - |
|--|--|--|---|
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| | | | - |

Comparison of adjectives and adverbs

 Przymiotnik nazywa cechy osób lub rzeczy i odpowiada na pytania: jaki? jaka? jakie?

Stopniowanie przymiotników

- Aby porównać dwie osoby lub rzeczy, użyj przymiotnika w stopniu wyższym oraz słowa than.
- Do przymiotników krótkich (jednosylabowych, np. long, great) dodajemy końcówkę -er, aby utworzyć stopień wyższy, a końcówkę -est, aby utworzyć stopień najwyższy.
- W przypadku przymiotników dłuższych (wielosylabowych, np. interesting) ich stopień wyższy tworzymy przez dodanie przed nimi more (np. more colourful), a najwyższy – przez dodanie the most (np. the most colourful).

This T-shirt is **more colourful than** the other one. 'Royal Mile' is **the most popular** restaurant in the city.

Zasady stopniowania przymiotników przedstawia poniższa tabela.

Przymiotniki krótkie (jednosylabowe):

| , | | | |
|---|-----------------|--------------------|--|
| | Stopień wyższy | Stopień najwyższy | |
| long | long er | the longest | |
| nice | nic er | the nicest | |
| heavy | heav ier | the heaviest | |
| big | big ger | the biggest | |
| Przymiotniki dłuższe (dwu- i wielosylabowe) | | wielosylabowe) | |
| expensive | more expensive | the most expensive | |
| Przymiotni | ki nieregularne | | |
| good | better | the best | |
| bad | worse | the worst | |

 Przysłówek opisuje sposób wykonania czynności i odpowiada na pytanie: jak? Aby utworzyć przysłówek, dodaj do przymiotnika końcówkę -ly, np. quick - quickly, easy - easily.

Stopniowanie przysłówków

- Aby utworzyć stopień wyższy przysłówków z końcówka -ly, dodaj more przed przysłówkiem (more easily);
- aby utworzyć stopień najwyższy dodaj the most przed przysłówkiem (the most easily).

carefully more carefully the most carefully

Uwaga!

Niektóre przysłówki mają taką samą formę, jak przymiotniki, np. hard, little, early, late, fast, i tworzą stopień wyższy w ten sam sposób, co przymiotnik, czyli harder, less, earlier, later, faster.

Comparative structures

- Aby porównać dwie osoby lub rzeczy, użyj przymiotnika lub przysłówka w stopniu wyższym oraz słowa than (niż). This jacket is **nicer than** the blue one. This dress is **shorter than** the red one. He can speak German more fluently than other students.
- Aby powiedzieć, że jakaś osoba lub rzecz jest najlepsza, najdroższa itp., użyj przymiotnika w stopniu najwyższym. That's **the tallest** building in the town centre. Sam spends his money the most carefully of

| | us all. |
|---|--|
| 1 | Jake / strong / Bill |
| 2 | Jill / good / sportswoman / Peggy |
| 3 | ski jumping / dangerous / cross-country skiing |
| 4 | ice-skating / nice to watch / boxing |
| 5 | golf / expensive to play / volleyball |
| 6 | tennis racket / big / table tennis racket |
| | |

| 2 | |
|---|---|
| 1 | In Poland, August is (<i>hot</i>) than April. |
| 2 | Jack is good at maths. Actually, he is (<i>good</i>) in our class. |
| 3 | I'm busy at the moment, so maybe we could meet at a (<i>late</i>) time? |
| 4 | I like this jacket, but it's (<i>expensive</i>) than I expected. |
| 5 | For me, shopping is one of (exciting) free time activities. |
| 6 | Novak Djokovic is one of (<i>talented</i>) tennis players in the world. |
| 7 | Unfortunately, it's one of (<i>bad</i>) meals I've ever had in |
| | a restaurant. |
| 8 | These shoes don't fit. I think I need a (<i>big</i>) size. |
| 9 | The Ice Cream Farm (UK) is (Iarge) |

ice cream centre in the world.

- 1 My cousin drives his sports car very fast / fastly.
- 2 The Bears won the match easy / easily.
- 3 We were really **sad/sadly** after we lost the match.
- 4 Jack worked *hard/hardly* to win the gold medal.
- 5 Bolt came *late / lately* out of the starting blocks, but reached the finishing line first.
- 6 Some athletes have to practise near/nearly every day to be champions.
- 7 Professional athletes often earn very high / highly salaries.
- 8 My sister can play tennis really good/well.

as ... as

 Aby porównać dwie osoby lub rzeczy, użyj konstrukcji as + przymiotnik/przysłówek (w stopniu równym) + as (tak ... jak). These jeans aren't **as nice as** the other ones. I cannot dance as beautifully as my sister.

Too and enough

I cannot dance my sister can.

- Przysłówka enough użyj w znaczeniu "dosyć", "wystarczająco", po przymiotniku, np. He isn't fast **enough** to win the race.
- Przysłówka too użyj przed przymiotnikiem lub przysłówkiem w znaczeniu "zbyt", np. This smartphone is **too** expensive for me.

| 1 | The red trainers cost £20. The blue ones cost |
|----|---|
| | the same. |
| | The red trainers cost |
| | the blue ones. |
| 2 | Mike saves some pocket money every month, |
| | but Peter hardly ever saves any money. |
| | Peter can't save |
| | money as Mike. |
| 3 | Jack is the strongest boy in our school. |
| | No other boy in the school is |
| | Jack is. |
| 4 | I find learning English easier than learning |
| | Japanese. |
| | Learning Japanese isn't |
| | learning English, in my opinion. |
| 5 | Jason arrived at the meeting at eight. Robert |
| | came one hour after Jason. |
| | Robert didn't arrive at the meeting |
|)_ | Jason. |
| 6 | I am a worse dancer than my sister. |

| Т | The shop closes at six, so thi arraid we |
|---|--|
| | haven't got (time)to get |
| | there. |
| 2 | She didn't want to buy the dress because she |
| | said it wasn't (trendy) |
| 3 | The weather isn't (warm) |
| | for us to go jogging. |
| 4 | The cake is (sweet) to eat. |
| 5 | He speaks French (fast) |

So and such / What and how

and I don't understand him.

 So (tak) stosujemy przed przymiotnikiem lub przysłówkiem The tea is so sweet.

Maria sang so beautifully.

- Such (taki) stosujemy przed rzeczownikami niepoliczalnymi, a such a/an przed rzeczownikami policzalnymi, np. That was **such** excellent food. It was **such an** amazing match.
- Zdania wykrzyknikowe możemy tworzyć za pomocą poniższych konstrukcji:
 - What + adjective + noun What a great athlete! (Jaki świetny sportowiec!)
 - How + adjective How interesting! (Ależ to ciekawe!)

| U | |
|----------|--|
| 1 | My friend has a wonderful sense of humour. |
| | He is funny guy. |
| 2 | We decided to stay at home. It was cold. |
| 3 | You shouldn't read magazines! |
| | There's nothing interesting in them. |
| 4 | It was easy test that we all wrote it |
| | in half an hour. |
| 5 | The sweatshirt was expensive that |
| | I couldn't afford it. |
| 6 | You've got beautiful furniture in your |
| | room. |
| 7 | Agnes played badly that she lost |
| | the game. |
| G | |
| <u> </u> | |
| | beautiful butterfly! |
| | great trip! |
| 3 | nice of you to bring the flowers! |

6 _____ silly of me to ask him this question!

_____ funny joke! 5 _____ interesting!

__ mess!

_____ amazing story!

LISTENING

06 OPEN TASK

- 1 How many players are there in a Gaelic football team?
- 2 What is above the net in both sports?
- 3 How is the ball in Gaelic football different to the ball in hurling?



- 1 The first thing I do after a match is wash my kit.
 - a hair
- **b** clothes
- 2 If you play a match in the rain, you'll probably get very muddy.
 - a dirty
- **b** clean
- 3 I was running to the tennis court when I tripped. I hurt my knee quite badly.
 - a fell
- **b** jumped
- 4 When people fall, they usually put their hands out to protect their face.
 - a show
- **b** avoid hurting
- 5 How many laps do you have to run/in this race?
 - a minutes
- **b** times around the track



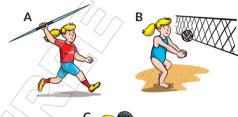
1 Where are the people talking?







2 What has the girl enjoyed most?





3 What time will the match begin?







- 4 What are they mainly talking about?
 - A How to skate safely
 - **B** A skating accident
 - C Where to buy equipment
- 5 The girl is
 - A warning about accidents in sport.
 - **B** describing something that happened to her.
 - C complaining about someone's behaviour.

check **GRAMMAR**

1

Comparison of adjectives and adverbs

- 1 This game is **more difficult** / **difficult** than I thought!
- 2 Betty runs more fast / faster than I do.

Comparative structures

- 3 Throwing the discus isn't as easy **than** / as it looks.
- 4 George is much better than / from me so he always wins.

The superlative

- 5 Zack is the *taller / tallest* boy in the team.
- 6 This is the worst / worse game in the world! Too and enough
- 7 He'll never score from there he's far enough / too far from the goal.
- 8 I don't think I'm enough tall / tall enough to play basketball.

2

So, such, how and what

- 1 After _____ a hard game, we were all exhausted.
- 2 Once you try badminton, you'll see exciting it is.
- 3 Pete hit the ball _____ far that we couldn't find it.
- 4 _____ an exciting tennis match!

3 OPEN TASK

- 1 I'm not a good player, but Gary is. THAN Gary is a _ I am. 2 By training more, you can run faster. BE If you trained more, you _ faster runner.
- 3 This ball isn't better than that one. AS This ball is ______ that one.
- 4 The weather was so hot that we had to stop for a drink. SUCH If was _ dav that
- we had to stop for a drink. 5 I need to be sixteen to join that club -
- I'm too young. ENOUGH _ to join that club -I need to be sixteen.

OPEN TASK

- 1 Until I tried hockey, I didn't realise (jak meczący) _____
- 2 Gregor is (tak szybki) _ nobody can catch him.
- 3 It was (za późno) ___ for us to get tickets, so we watched the match on TV.
- 4 Watching a sport on TV is not (tak ciekawe jak) going to the stadium.
- 5 In netball, you (nie wolno biegać) _ with the ball.
- 6 I'm not (wystarczająco dobry) _ to play in the school team.





- A bad **B** good C tall
- **D** scored E short F won

Jerzy Klempel (1953–2004)

Klempel began his sports career as an ice hockey player but changed to handball in 1970. The highlight of his career was when he represented his country at the 1976 Olympics, where he (1) ____ a total of 23 goals and helped his team get a bronze medal. In the 1980 Olympics, he was the top scorer of the tournament, but the team's performance was not (2) ____ enough to win a medal. At 1 metre, 92 centimetres, Klempel was so (3) ____ that he could jump higher than the other players and shoot above their heads.





and we guarantee that you'll feel better.
If you don't feel healthier and fitter after
one month, we'll give you your money
back!

- All you need is half an hour a day.
- · You're sure to make friends.
- Keeping fit is fun!



- 1 Why do people go to the gym?
- 2 What sort of things can you do at the gym?
- 3 Why might going to the gym make you feel better?





You won't believe it, but I've joined a gym! I joined in order to get fit.

I usually spend half an hour on the exercise bike or the treadmill to build up my legs. I really like going there because it's cheap and it makes me feel good!

Which sentence says ...

- 1 what Bill likes about the gym?
- 2 why Bill joined a gym?
- 3 what Bill does at the gym?



- A I've also met some really nice people.
- **B** Then I use the other equipment to make my arms and back stronger.
- C It's near my house and I go there three times a week after school.
- D In my next blog entry, I'll tell you about them.
- E also wanted to exercise more in order to keep active during the winter months.



| | Questions to ask and answer | Your notes |
|---|-----------------------------|------------|
| 1 | | |
| 2 | | |
| 3 | | |

| - 4 | | |
|-----|--------|---|
| 7 | | |
| | \neg | |
| Α. | | |
| _ | | ~ |
| | | |

PHRASE

- 1 You wear a helmet in _
- 2 I go running so ____
- **3** I wear knee pads so as ___
- **4** You put the ball in the net to ____
- a not to get hurt.
- **b** get a point.
- **c** order to protect your head.
- **d** as to keep fit.

| - 4 | 7 | |
|-----|---|---|
| - 1 | | |
| | | ~ |



Today I'm going to tell you about a sport I've recently taken up.

VOCABULARY, pp. 24-25

Sport / Sport

athletics /æθ'letiks/ lekkoatletyka

baseball /'beisbo:l/ baseball boxing /'boksin/ boks

canoeing /kəˈnuːɪŋ/ kajakarstwo

climbing /'klaımın/ wspinaczka

cricket /'krıkıt/ krykiet

cycling /'saɪklıŋ/ kolarstwo diving /'daivin/ nurkowanie

football /ˈfʊtbɔːl/ piłka nożna

golf /gplf/ golf

gymnastics /dʒim'næstiks/ gimnastyka horse-riding /'ho:(r)s raidin/ jazda konna,

jeździectwo

ice hockey /'ais hpki/ hokej na lodzie ice-skating /ˈaɪs skeɪtɪŋ/ łyżwiarswo rollerblading /ˈrəʊlə(r) bleɪdɪn/ iazda na

łyżworolkach

rugby /'rʌgbi/ rugby running /'rʌnɪŋ/ bieganie

skateboarding /'skeitbo:(r)din/ jazda na deskorolce

skiing /ˈskiːɪŋ/ narciarstwo

snowboarding /ˈsnəʊbɔ:(r)dıŋ/ jazda na

snowboardzie

squash /skwpf/ squash surfing /'sa:(r)fin/ surfing

swimming /'swimin/ pływanie

table tennis / tenb(a)I tenis/ tenis stołowy

tennis / tenis / tenis ziemny

(beach) volleyball /bi:tf 'volibo:l/ siatkówka (plażowa)

weightlifting /ˈweɪtlɪftɪŋ/ podnoszenie cieżarów

wrestling /'res(ə)lıŋ/ zapasy

Sports equipment / Sprzet sportowy

ball /bo:l/ piłka

bat /bæt/ kij (do baseballa, krykieta)

board /bo:(r)d/ deska

boots /bu:ts/ buty (np. korki)

club /klnb/ kij golfowy

costume / trunks / kostju:m / trvnks/ strój

kąpielowy/kąpielówki

goal /gəʊl/ bramka

goggles /'gpg(ə)lz/ gogle, okulary ochronne

helmet /'helmit/ kask

net /net/ siatka, kosz (w koszykówce)

racket / rækit/ rakieta

skis /ski:s/ nartv

strip /strip/ strój sportowca

wetsuit / wetsu:t/ pianka do nurkowania

Sports facilities / Objekty sportowe

(athletics / sports) stadium /æθ'letiks / spo:(r)ts 'steidiam/ stadion lekkoatletyczny/ sportowy

(boxing) ring / boksin rin/ ring (bokserski) (dry) (ski) slope /drai 'ski: slaop/ (sztuczny)

stok (narciarski) (football / rugby) pitch / fotbo: I / 'rʌgbi pɪtʃ/

boisko do piłki nożnej/rugby

(health and fitness / sports) centre /helθ and fitnas / 'spo:(r)ts senta(r)/ klub fitness/ sportowy

(ice-skating) rink / als skeitin rink/ Indowisko

(Olympic-size) (swimming) pool /əˈlɪmpɪk saız 'swımın pu:l/ basen (olimpiiski/ pływacki)

tennis / basketball court / tenis / ba:skitbo:l ko:(r)t/ kort tenisowy/boisko

do koszykówki

Sportspeople / Sportowcy athlete /ˈæθliːt/ lekkoatleta

boxer /'bpksə(r)/ bokser cyclist /'saɪklıst/ kolarz

diver / daivə(r)/ nurek

footballer /'fotbo:lə(r)/ piłkarz gymnast /'dʒɪmnæst/ gimnastyk

runner / rʌnə(r)/ biegacz swimmer /'swimə(r)/ pływak

weightlifter /'weitliftə(r)/ sztangista

Sports training and events / Trening i zawody sportowe

athletic /æθ'letik/ wysportowany beat /bi:t/ pokonać, wygrać z kimś

captain / kæptın/ kapitan catch /kætʃ/ złapać

champion / tfæmpiən/ mistrz

cheer /tʃiə(r)/ wiwatować, wznosić okrzyki

coach /kəʊtʃ/ trener

compete /kəm'pi:t/ konkurować

draw /dro:/ zremisować, remis enter /'entə(r)/ brać udział (w zawodach)

hit /hit/ uderzvć

join /dzpin/ przyłączyć się

kick /kık/ kopnąć

lose /luːz/ przegrać

miss /mɪs/ chybić, nie trafić player / pleiə(r)/ gracz

position /pə zı((ə)n/ pozycja

practise /ˈpræktɪs/ ćwiczyć

score goals /skɔ:(r) 'gəʊlz/ strzelać gole support /səˈpɔ:(r)t/ kibicować

team /ti:m/ zespół, drużyna

throw /Arab/ rzucać

train /trein/ trenować trainer / treinə(r)/ instruktor, trener

win /wɪn/ wygrywać

READING, p. 26

tournament / toə(r)nəmənt/ turniei

professional athlete /prəfeʃ(ə)nəl ˈæθli:t/

zawodowy sportowiec supporter /sə'pɔ:(r)tə(r)/ kibic

referee /refəˈriː/ sedzia (np. w piłce nożnej)

LISTENING, p. 30

get muddy /get 'mʌdi/ pobrudzić się hłotem

kit /kit/ komplet, zestaw

lap /læp/ okrażenie (np. wokół stadionu)

protect /prəˈtekt/ chronić

trip /trip/ potknać sie

break a record /breik ə 'rekɔ:(r)d/ pobić rekord

bronze medal /bronz 'med(ə)l/ brazowy medal

come second /knm 'sekənd/ zająć drugie mieisce

crash into sb /ˈkræʃ ıntu: sʌmbədi/ wpaść na kogoś

focused /'faokast/ skoncentrowany. skupiony

get hurt /get 'ha:(r)t/ zranić sie highlight /'hailait/ ważny moment incredible /in kredab(a)// niezwykły involve / In volv/ obejmować

opponent /əˈpəonənt/ przeciwnik penalty / pen(a) lti/ kara, punkty karne, karny

record holder / reko:(r)d haolda(r)/ rekordzista

rule /ruːl/ reguła, zasada (gry)

sports camp /'spo:(r)ts kæmp/ obóz sportowy

stage /steidʒ/ etap tactics /'tæktıks/ taktyka

take turns / teik 'ta:nz/ zmieniać się

OPEN TASK



This photograph shows two men who are sitting in a boxing (1) _ They are both wearing trunks and special (2) _____ on their heads. They look like boxers, but they are not fighting now. In fact, they are playing a (3) of chess. This unusual sport is called chess boxing and involves two different activities: boxing and chess. In order to (4) a player must be (5) ____ the opponent at one of those sports.



CHESS! CHESS! CHESS! -

Fancy seeing a crowd of people cheering "Chess! Chess! Chess!"? – go to a chess boxing fight. It was first played in 2003 in Berlin. The rules aren't too complicated. Two players take turns to do a round of boxing and then play a four-minute-long game of chess. (1) One player must beat the other either at chess or at boxing.

For first-time spectators, chess boxing may seem a bit strange. (2) _____The crowd is cheering and supporting their favourite. Then, the players take off their gloves, and sit down at the chess table. They suddenly look calm and focused. (3) ____ But it gets more difficult in the later stages of the match when the players are more tired from the physical rounds of boxina.

Chess boxing is not an easy sport to practise. (4) ____ And if you want to enter professional tournaments, you must be really good at both sports. This hybrid sport* might seem unusual, but it is becoming popular among those who look for new ways to compete and win.

- * A hybrid sport is one which combines two or more sports in order to create a new sport.
 - A This is not surprising, because speed chess requires the players to concentrate.
 - **B** The boxing rounds, in turn, last three minutes each.
 - C You need to train both the body and the mind.
 - D Chess boxing may become an Olympic sport in the future.
 - **E** First, you see two people dressed in their boxing strips, fighting fiercely in the ring.

VOCABULARY



| 1 | Ten teams in the tournament, but our team came first and won the trophy. |
|---|--|
| 2 | I'd like to be fitter and stronger – that's why I the gym. |
| 3 | I couldn't go diving with my friends because I forgot to take my |
| 4 | Wesley tried to learn how to play cricket, but he didn't even know how to hold a |
| 5 | The goalkeeper tried to catch the ball, but he it and his team lost the match. |
| 6 | One of the boxers was warming up in the, waiting for his opponent. |
| 7 | Mr Smith is the best |

GRAMMAR



1 Snowboarding is much easier / more easier / as easy than I thought.

our team has ever had. No one supported us like he does. 8 Skiing isn't much fun today because there is too little snow on the

- 2 Jill is more athletic and stronger as / from / than me.
- 3 The pitch was such / such a / so wet that the boys couldn't play football.
- 4 I'm not so fast / fast enough / too fast to become a runner.
- 5 Gary is the most big / biggest / more bigger weightlifter I've ever seen.
- 6 Roger Federer is so / what / such a great tennis champion that thousands of fans all over the world admire him.
- 7 I think cycling is more boring / the most boring / so boring sport to watch on TV.
- 8 A tennis court is not too small / small enough / as small as it may seem.

USE OF ENGLISH



10th October, 2020

THE OUEEN OF PARIS

Meet Iga Świątek, a 19-year-old tennis player



from Poland, who has just (1) Grand Slam tournament in Paris. On her way to victory, she managed to (2) ____ other players without even losing a set. Even if you don't know too much about tennis, you have to admit that this is a great achievement for (3) _____ a young player. Not too many people were able to enter Roland-Garros stadium to watch her play because of the pandemic, but those who were lucky to be there, admired (4) fast and strong she was.

| 1 A played | B won | C entered |
|---------------|----------------|---------------|
| 2 A cheer | B train | C beat |
| 3 A so | B too | C such |
| 4 A how | B so | C enough |

CUMULATIVE REVIEW



× My blog ×

JIMMY'S BLOG - SPORT AND ME When I (1) have been / was / am a kid, I wanted to become a professional basketball player. It's been my favourite sport (2) for / from / since early childhood. I wanted to be like LeBron James – (3) so / such / how strong, fast and tall. (4) used to practise / practise / was going to practise every day. I didn't (5) afford / shop / **spend** my pocket money on anything, just to be able to buy basketball shoes and the (6) strips / costumes / clubs that LeBron James wore. Unfortunately, I'm not (7) too tall / tall enough / so tall to play basketball professionally. But even though I'm (8) short / shorter / shortest than many other boys my age, I am really, really fast. Two years ago, my PE teacher suggested that I (9) will / should / can try table tennis. It turned out that I'm really good at it. I still watch a lot of basketball, but I love playing table tennis, too. I've already (10) beaten / passed / won quite a lot of tournaments! Does anyone have a similar story to tell? Share it!

b skiing **c** canoeing

VOCABULARY

b actor

d fashion

c tennis player

designer

| 1 | | | | |
|---|---|-------------------------|---|----------|
| _ | 1 | instrument, orchestra _ | | |
| | 2 | stage, theatre | | |
| | 3 | clothing, runway | | |
| | 4 | portrait, colours | | |
| | 5 | pool, goggles | | |
| | 6 | stadium, track | | |
| | 7 | pitch, team | | |
| | 8 | racket, ball | | |
| | a | swimmer e | è | musician |

f runner

h painter

g footballer

| | put • draw • perform • catch • cheer • beat set • score |
|---|---|
| 1 | The novel is in London during |
| | the 1960s. |
| 2 | Michelle is going to a dance |
| | in the school concert. |
| 3 | She used a pencil to the |
| | landscape. |
| 4 | We've decided to on a play |
| | at the end of term. |
| 5 | Mark tried to the ball but |
| | dropped it at the last moment. |
| 6 | If they one more point, |
| | they'll win the game. |
| 7 | Our team might win if we |
| | loudly for them. |
| 8 | You won the last game, but I'm going to |

| E | 10 | | |
|---|---------------------------|-----------------|----------------------|
| 1 | Helen is taking a | class to | learn how to |
| | take better pictur | es. | |
| | a drama l | o drawing | c photograph |
| 2 | | this film – I c | ould listen to it |
| | all day. | | |
| / | a plot | sketch | c soundtrack |
| 3 | The characters in | the book we | ere interesting, |
|) | but I thought the | was a bi | t boring. |
| 1 | a article l | plot | c performance |
| | | | |

_____ you in the next.

| 4 | newspaper. | and writes for a national b journalist c headline |
|---|------------------------|---|
| 5 | neighbourhood | |
| | a centre | b stadium c rink |
| 6 | If you're going wear a | to ride a bike, you need to |
| | a kit | b helmet c board |
| 7 | | a gym in order to get fit. |
| | a join | b support c enter |
| 8 | We're going | _ along the river this weekend. |

GRAMMAR

• until • too

a surfing

| L | I'll practise my flute it's time |
|---|--|
| | for dinner. |
| 2 | The play will start as as |
| | everyone's seated. |
| 3 | Her performance was |
| | incredible that the audience stood and |
| | clapped. |
| 1 | Once you play tennis, you'll learn |
| | hard it is. |
| 5 | It's wet to train outdoors today |
| 5 | She wasn't fast to win the race |
| 7 | You can practise your guitar |
| | you do your homework. |

_ a terrible concert that

• such • soon • how • after • enough • so

| 1 | 8 |
|-----|---|
| | 5 |
| - \ | ~ |

| | · | | | |
|---|--|--|--|--|
| 2 | If we arrive at the theatre late this evening, we (not get) good seats. | | | |
| 3 | Swimming as a sport is not as (fun) it looks. | | | |
| 4 | The lead actress was (<i>tall</i>) than all the other people on stage. | | | |
| 5 | If the gallery doesn't sell your paintings, what | | | |

1 They usually cancel the parade if it (rain)

they wanted their money back.

| 6 | Do you think science is (exciting) | |
|---|------------------------------------|--|
| | art? | |

7 That is (*bad*) ______ song I have ever heard!

8 I'll call you when I (get) ___ home after the play this evening.

9 If you were rich and famous. (*you / move*) house?

USE OF ENGLISH





This is a photo of me with my teammate Patrick at a (1)_ Patrick is on the right of the picture, and as you can see, he's a little (2) than me. Of course, he's 13 and I'm only 11. We're (3) in the photo because we won our match that day against the other team. Next week, we're going to play against a tough opponent, the Tigers. we do well! I (4) _



A continue **C** performers B main **D** presenters E stand F top

★ ARE STARS PAID TOO MUCH? ★

In film, music, and sport, the best (1) ____ are paid millions every year to entertain us. Some people believe they're worth it. People will spend money on a film if their favourite actor is in the (2) ___ role. The same is true for sporting or musical events. When a famous singer puts on a concert, some fans will (3) ___ in a queue for hours to get the best tickets. If people want to pay a lot of money to see a star, shouldn't that star be well-paid? What do you think?

LANGUAGE FUNCTIONS





- 1 Wybierasz się na mecz piłki nożnej z tata. Chcesz zaprosić swojego kolege. Co powiesz?
 - A May I go to a match with my friend?
 - B Can I invite a friend to join us?
 - **C** Are you planning to invite my friend?
- 2 Twoja koleżanka pyta cie, jak nakrecić film na YouTube. Co powiesz, aby jej to wviaśnić?
 - A Here's a good webcam.
 - B First, you need a good webcam.
 - C / recently bought a new webcam.
- 3 Twój kolega zaprosił cię na koncert, ale nie ma czasu odebrać biletów. W jaki sposób zaoferujesz mu pomoc?
 - A I'll go and collect the tickets if you want.
 - B Go and collect the tickets.
 - C We should get the tickets soon.





WRITING

| 710 | OPEN | TACL |
|-----|-------------|------|
| UU, | OPEN | IASK |

Hi all! So, in this post, I want to tell you about a show I've just been in.