

# 2

## You are what you eat

### Lesson 1 Vocabulary 1



AUDIO 10  
AUDIO 11

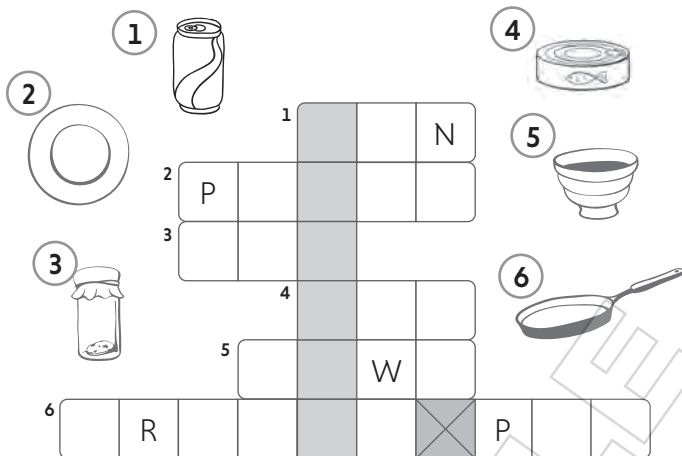
#### 1 Let's start!

Popatrz na zdjęcie. Wybierz właściwe odpowiedzi.



- 1 There's a **tin** / **bowl** of cereal.
- 2 There's a **plate** / **jar** of toast.
- 3 There's a **jar** / **can** of jam.

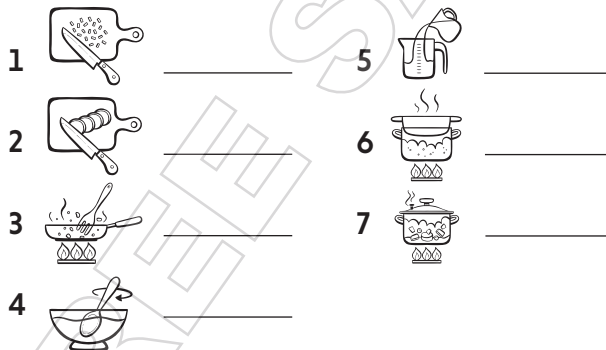
#### 2 Uzupełnij krzyżówkę i odgadnij hasło.



The secret kitchen object is:

#### 4 Dopasuj czasowniki z ramki do ilustracji 1–7.

add boil chop fry mix slice steam



#### 5 10 Postłuchaj nagrania. W każdą lukę możesz wpisać tylko jeden wyraz.

Fry some onion in a frying <sup>1</sup> \_\_\_\_\_.  
<sup>2</sup> \_\_\_\_\_ the carrots. <sup>3</sup> \_\_\_\_\_  
 the carrots to the onions. Add  
 a <sup>4</sup> \_\_\_\_\_ of tomatoes. <sup>5</sup> \_\_\_\_\_  
 some water and add pasta to the water.

#### 6 Pronunciation /əv/

11 Postłuchaj nagrania. Podkreśl trzy wyrazy z dźwiękiem /əv/. Postłuchaj nagrania ponownie i przeczytaj wierszyk.

A plate of toast, a mug of tea,  
 A bowl of cereal, that's breakfast for me!

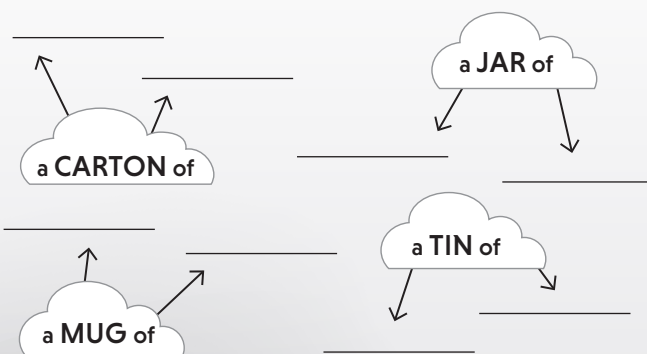
#### 3 Przeczytaj zadanie i dopasuj wyrażenia z ramki do kategorii.

### Learning Zone



- 1 Nazwy przedmiotów kuchennych łączą się z różnymi nazwami produktów. Takie łączenia wyrazów nazywamy kolokacjami.
- 2 Żeby zapamiętać kolokacje, narysuj w notatniku chmurki z wyrazami i zapisz wyrażenia, które się z nimi łączą.

beans honey hot chocolate jam juice  
 milk tea tuna

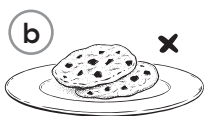
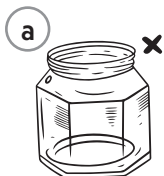


CHARGE  
YOUR GRAMMAR!

▶ VIDEO 05

1 Dopasuj ilustracje a–d do wyrażen 1–4.

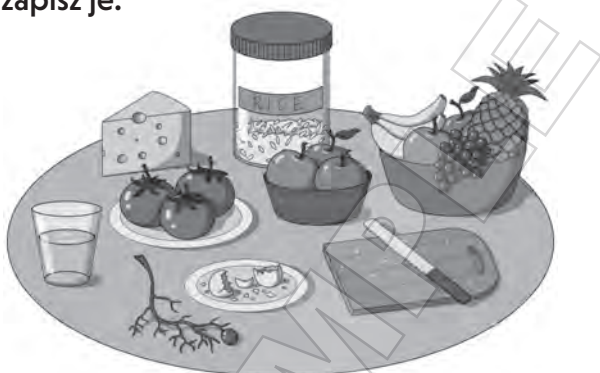
- 1 There's
- 2 There isn't
- 3 There are
- 4 There aren't



2 Wybierz właściwe odpowiedzi.

- 1 There isn't **some** / **any** water in the glass.
- 2 There's **some** / **any** bread on the table.
- 3 There are **some** / **any** eggs on the plate.
- 4 There aren't **some** / **any** apples in the bowl.

3 Popatrz na ilustrację. Popraw zdania z ćwiczenia 2 tak, aby opisywały ilustrację, i zapisz je.



- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_

4 Popatrz na ilustrację z ćwiczenia 3 ponownie. Napisz zdania o produktach. Użyj: *there is* / *there are*, *a/an*, *some* oraz *a lot of*.

- 1 bananas *There are some bananas.*
- 2 grape \_\_\_\_\_
- 3 cheese \_\_\_\_\_

5 Popatrz na zakupy Marty. Napisz pytania i odpowiedzi.

SHOPPING LIST	
onion – 1	tomatoes – 3
avocados ✗	fruit juice ✗
✓✓✓✓✓ yoghurt	
carrots ✓✓✓✓✓	
2 cans of lemonade	

- 1 *Is there any* lemonade?  
Yes, there is. There's some lemonade.
- 2 \_\_\_\_\_ yoghurt?  
Yes, \_\_\_\_\_.
- 3 \_\_\_\_\_ yoghurt.
- 4 \_\_\_\_\_ tomatoes?  
Yes, \_\_\_\_\_.
- 5 \_\_\_\_\_ tomatoes.
- 6 \_\_\_\_\_ onions?  
Yes, \_\_\_\_\_ onion.
- 7 \_\_\_\_\_ fruit juice?  
No, \_\_\_\_\_.
- 8 \_\_\_\_\_ fruit juice.
- 9 \_\_\_\_\_ avocados?  
No, \_\_\_\_\_.
- 10 \_\_\_\_\_ avocados.
- 11 \_\_\_\_\_ carrots?  
Yes, \_\_\_\_\_.
- 12 \_\_\_\_\_ carrots.



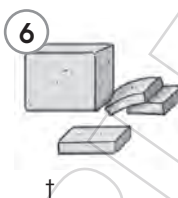
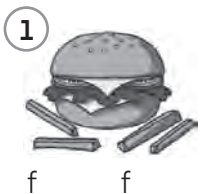
AUDIO 12

## 1 Let's start!

Ułóż litery we właściwej kolejności.  
Pierwsza litera została pogrubiona.

- 1 **ri**npoet \_\_\_\_\_
- 2 **a**dryi \_\_\_\_\_
- 3 **li**o and tfa \_\_\_\_\_
- 4 **ra**csb \_\_\_\_\_
- 5 **ie**vf-a-day \_\_\_\_\_

## 2 Popatrz na ilustracje 1–9. Uzupełnij brakujące litery w nazwach produktów spożywczych.



## 3 Wybierz właściwe odpowiedzi.

- 1 A hamburger is a kind of **fast food** / **tofu**.
- 2 You make hummus with **sweets** / **chickpeas**.
- 3 Eating a lot of **dried fruit** / **fatty food** isn't good for you.
- 4 You can add **herbs** / **fizzy drinks** to many dishes.

## 4 Uzupełnij zdania wyrażeniami z ramki.

carbs five-a-day fizzy drinks sweets tofu

- 1 There aren't many \_\_\_\_\_ in a healthy diet.
- 2 \_\_\_\_\_ is a good meat alternative.
- 3 Bread, rice and potatoes are \_\_\_\_\_.
- 4 Don't drink \_\_\_\_\_!
- 5 It's important to eat your \_\_\_\_\_.

5 12 **Posłuchaj nagrania. Wybierz właściwe odpowiedzi.**

- 1 Olivia eats a lot of \_\_\_\_\_.  
a salt b sugar
- 2 Paul has cake on \_\_\_\_\_.  
a Sunday b Saturday
- 3 Lucy has rice with \_\_\_\_\_ or beans.  
a tofu b meat
- 4 Cameron doesn't have \_\_\_\_\_.  
a fast food b fizzy drinks

6 12 **Posłuchaj nagrania ponownie i uzupełnij brakujące informacje. W każdą lukę możesz wpisać tylko jeden wyraz.**

- 1 For protein, Olivia eats chickpeas and \_\_\_\_\_.
- 2 Paul eats a lot of fish and some \_\_\_\_\_.
- 3 Lucy doesn't eat \_\_\_\_\_ or chocolate.
- 4 Cameron doesn't like \_\_\_\_\_.



**CHARGE**  
 YOUR GRAMMAR!


VIDEO 06

1 Uzupełnij zdania. Użyj: *there is, there isn't, there are, there aren't*.

- 1 \_\_\_\_\_ (X) many packets of popcorn.  
 2 \_\_\_\_\_ (X) much butter.  
 3 \_\_\_\_\_ (✓) a lot of oil.  
 4 \_\_\_\_\_ (✓) a lot of lemons on the floor.

2 Uzupełnij zdania. Użyj *much* lub *many*.

- 1 There isn't \_\_\_\_\_ protein in fruit.  
 2 There aren't \_\_\_\_\_ carbs in butter.  
 3 There isn't \_\_\_\_\_ dairy in most biscuits.  
 4 There isn't \_\_\_\_\_ oil in this dish.

3 Wybierz właściwe odpowiedzi. Wykorzystaj podane litery, aby odgadnąć hasło.

1 Is there	G <i>much</i>	/	T <i>many</i>	protein in cake?
2 Is there	R <i>much</i>	/	E <i>many</i>	oil in the bottle?
3 Are there	C <i>much</i>	/	A <i>many</i>	carbs in bread?
4 Are there	G <i>much</i>	/	P <i>many</i>	biscuits on the plate?
5 Is there	E <i>much</i>	/	B <i>many</i>	cheese on the pizza?
6 Are there	O <i>much</i>	/	S <i>many</i>	sweets in the box?

I love eating 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_ 6 \_\_\_\_\_!

4 Uzupełnij pytania. Użyj *how much* lub *how many*.

- 1 \_\_\_\_\_ water do you drink every day?  
 2 \_\_\_\_\_ fish do you eat?  
 3 \_\_\_\_\_ vegetables do you eat every day?  
 4 \_\_\_\_\_ salad do you eat?  
 5 \_\_\_\_\_ eggs do you eat every week?

5 Ułóż pytania z podanych wyrazów.

1 there Are ingredients in hummus many ?

A: \_\_\_\_\_

B: No, there aren't.

2 much sugar there in yoghurt Is ?

A: \_\_\_\_\_

B: No, there isn't.

3 many in pasta carbs there Are ?

A: \_\_\_\_\_

B: Yes, there are.

4 there Is much in crisps salt ?

A: \_\_\_\_\_

B: Yes, there is.

## Over To You!



6 Napisz jak najwięcej odpowiedzi do pytań z ćwiczenia 4. Użyj: *some, not much, not many* lub *a lot of*.

I drink a lot of water.

Not much!

I don't drink much water.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

## 1 Przeczytaj odpowiedzi i uzupełnij tabelę.

Emily, Alana and Leo make an omelette every Saturday. Every person gets ONE kitchen object. Every person does ONE activity.

The three **kitchen objects** are: a frying pan, a bowl, a carton.

The three **activities** are: mix the eggs, add milk, fry the omelette.

Emily gets the .

She doesn't fry the omelette.

A boy mixes the eggs.

Alana doesn't get the .

She fries the omelette.

Leo doesn't get the .

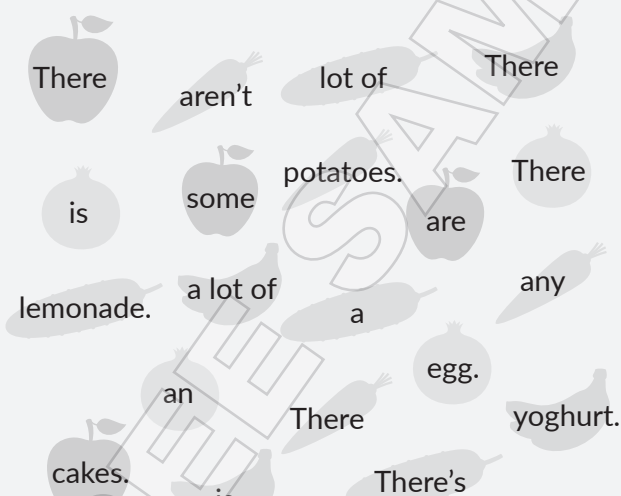
	Emily	Alana	Leo
Kitchen objects	_____	_____	_____
Activities	_____	_____	_____

## 2 Wybierz właściwe wyrazy. Wykorzystaj podane litery, aby odgadnąć hasło.

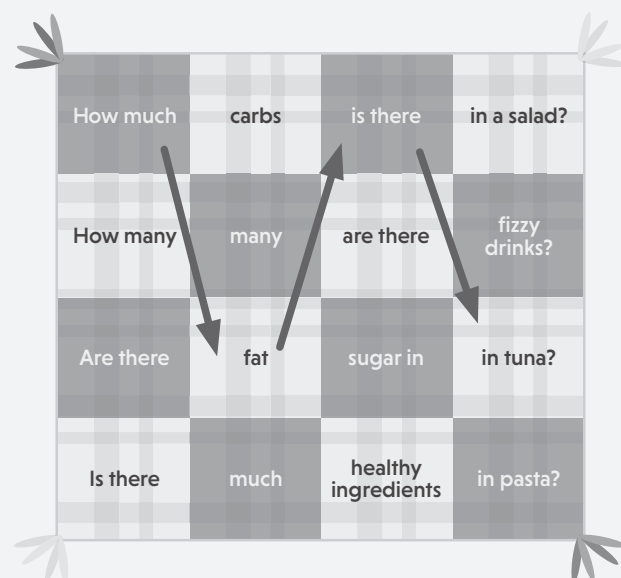
1	Fatty food	has a lot of	<input type="checkbox"/> F <i>oil.</i>	/	<input type="checkbox"/> P <i>protein.</i>
2	Dried fruit	has a lot of	<input type="checkbox"/> R <i>carbs.</i>	/	<input type="checkbox"/> I <i>protein.</i>
3	Hummus	is	<input type="checkbox"/> V <i>chickpeas.</i>	/	<input type="checkbox"/> O <i>chocolate.</i>
4	Fast food	is	<input type="checkbox"/> N <i>dairy.</i>	/	<input type="checkbox"/> E <i>carbs.</i>
5	Sweet	has a lot of	<input type="checkbox"/> A <i>sugar.</i>	/	<input type="checkbox"/> L <i>protein.</i>
6	Tofu	is	<input type="checkbox"/> R <i>meat.</i>	/	<input type="checkbox"/> D <i>meat alternative.</i>
7	Fizzy drink	has a lot of	<input type="checkbox"/> A <i>sugar.</i>	/	<input type="checkbox"/> T <i>fat.</i>
8	Yoghurt	is	<input type="checkbox"/> Y <i>dairy.</i>	/	<input type="checkbox"/> N <i>oil.</i>

For a healthy diet, eat your \_\_\_\_\_ - \_ - \_!

## 3 Ułóż zdania z wyrazów zapisanych na takich samych kształtach.



## 4 Ułóż trzy pytania z wyrazów zapisanych na obrusie. Każdego wyrażenia możesz użyć tylko raz.



1 *How much fat is there in tuna?*

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_





VIDEO 07

AUDIO 13  
AUDIO 14

- 1 13 **Posłuchaj nagrania i przeczytaj dialog. Zaznacz, co ustalili Zoe i Tim.**

**Zoe:** It's Marta's birthday on Saturday.

**Tim:** Let's have a surprise party at my house. Would you mind bringing some snacks?

**Zoe:** No problem. We've got some crisps and dips.

**Tim:** And could you buy some lemonade?

**Zoe:** Sorry, but I don't think that's a good idea. Marta doesn't like lemonade.

**Tim:** OK, we can have fruit juice.

**Zoe:** Great! Can you get a card and some balloons?

**Tim:** Yes, sure.

**Zoe:** And can you make a cake?

**Tim:** I'm sorry, but I can't. But I can buy one!

Food: **snacks / sandwiches**

Drink: **fruit juice / lemonade**

Other: **card and balloons / music**

Cake: **make a cake / buy a cake**

- 2 **Ułóż prośby z podanych wyrazów.**

1 you buy Can a present ?

2 mind bringing you Would some crisps ?

3 make you a cake Could ?

4 you Would buying a card mind ?

- 3 **Dopasuj zakończenia zdań a–d do ich początków 1–4. Następnie zaznacz dwa zdania, które wyrażają zgodę (✓), oraz dwa wyrażające odmowę (X).**

1 ☐ Yes,

2 ☐ No

3 ☐ I'm sorry, I

4 ☐ Sorry, but I don't think

a can't.

b that's a good idea.

c sure.

d problem.

- 4 **Uzupełnij dialog wyrazami z ramki.**

can't could problem  
sure would you

**Ben:** It's Lisa's birthday at the weekend.

**Anna:** Let's have a surprise party!

<sup>1</sup> \_\_\_\_\_ you bring some balloons?

**Ben:** Yes, <sup>2</sup> \_\_\_\_\_.

**Anna:** <sup>3</sup> \_\_\_\_\_ you mind making some sandwiches?

**Ben:** I'm sorry, but I <sup>4</sup> \_\_\_\_\_.

Can <sup>5</sup> \_\_\_\_\_ make a salad?

**Anna:** No <sup>6</sup> \_\_\_\_\_.

- 5 **Uzupełnij dialog. Wykorzystaj wyrazy podane w nawiasach.**

**Carrie:** It's Marina's <sup>1</sup> \_\_\_\_\_ (birthday / Sunday).

**Dan:** Let's <sup>2</sup> \_\_\_\_\_ (party) at my house. <sup>3</sup> \_\_\_\_\_ (can / buy / a card)?

**Carrie:** <sup>4</sup> \_\_\_\_\_ (can't). But I can make it!

**Dan:** <sup>5</sup> \_\_\_\_\_ (could / bring / dips)?

**Carrie:** <sup>6</sup> \_\_\_\_\_ (problem). <sup>7</sup> \_\_\_\_\_

(mind / making / a cake)?

**Dan:** <sup>8</sup> \_\_\_\_\_ (yes). <sup>9</sup> \_\_\_\_\_

(bring / fizzy drinks)?

**Carrie:** <sup>10</sup> \_\_\_\_\_ (sorry / idea). They've got a lot of sugar.

- 6 14 **Przeczytaj informacje. Wyobraź sobie, że rozmawiasz z Davidem o urodzinach Toma. Posłuchaj nagrania i odpowiedz na pytania.**

1 suggest a party + make a request

2 make a second request

3 ✓

4 X give a reason

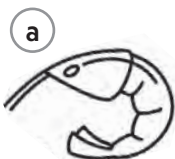


AUDIO 15

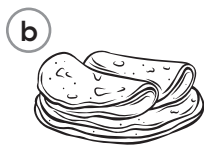


VIDEO 08

1 Dopasuj ilustracje a–c do zdań 1–3.



shrimp



tortillas



noodles

- 1 A type of food from the sea. \_\_\_\_\_
- 2 A long, thin food from flour or rice. People eat them in China and Thailand. \_\_\_\_\_
- 3 A type of flat, thin bread. People eat them in Mexico. \_\_\_\_\_

2 15 Posłuchaj nagrania i przeczytaj tekst. Dopasuj zdjęcia a–c do nazw dań 1–3.

3 Przeczytaj tekst ponownie. Dopasuj nazwę kraju a–c do nazwy dania 1–3.

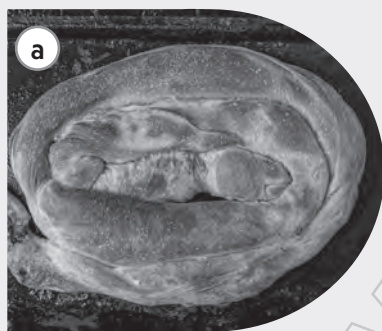
- |                   |            |
|-------------------|------------|
| 1 Pad See Ew      | a Mexico   |
| 2 Shrimp tostadas | b Thailand |
| 3 Bureks          | c Turkey   |

4 Przeczytaj tekst i uzupełnij zdania. W każdą lukę wpisz właściwą nazwę dania. Użyj: *Pad See Ew, Shrimp tostadas lub Bureks.*

- 1 You can make \_\_\_\_\_ for vegetarians, with cheese and spinach.
- 2 You make \_\_\_\_\_ in a frying pan.
- 3 \_\_\_\_\_ are easy to make.
- 4 You can have \_\_\_\_\_ with fruit.
- 5 \_\_\_\_\_ have got a lot of healthy fats.
- 6 \_\_\_\_\_ is from Thailand.

## STREET FOOD

Street food is food you can buy and eat outside. You'll find different types of street food in many countries and they're often **traditional** dishes, not fast food. Here are three of my favourites!



**1 PAD SEE EW** is a dish people eat in Thailand. It's noodles, chicken , Chinese broccoli and garlic. You boil the noodles in water and fry the other ingredients in a pan. Then you add the noodles and a delicious sauce. It's a healthy dish because it's got everything – protein, carbs and vegetables.

**2 SHRIMP TOSTADAS** are a healthy dish from Mexico. They're quick and easy to make. Chop onion, avocado and tomato with a herb called **coriander**. Fry the shrimp in a frying pan. Put black bean sauce on a tortilla and then add the other ingredients. There's protein in the shrimp, and a lot of healthy fats. They're delicious!



**3 BUREKS** are popular in Turkey. People eat them for breakfast or a snack, often with a yoghurt dip. You mix meat, potatoes and some herbs. Then you cover this with **pastry** and cook it. You can also make them with cheese and spinach so they are great for vegetarians. There are even fruit bureks.



### Glossary

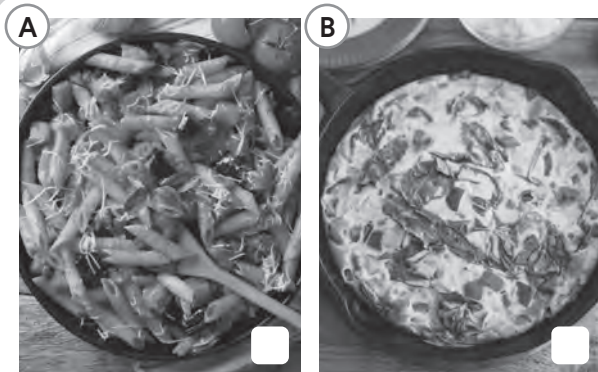
**coriander** – kolendra

**pastry** – ciasto

**traditional** – tradycyjny

- 1 Przeczytaj przepis i wybierz zdjęcie właściwego dania.

### HI, GUYS! WELCOME TO MY COOKING BLOG!



#### What's cooking today?

Today's dish is a healthy vegetable omelette. There are a lot of vegetables in it, so it's a good way to get your five-a-day. There's a lot of protein in eggs and there isn't much fat.

#### Ingredients

- oil
- 500g of vegetables (mushrooms, peppers, spinach, beans)
- 6 eggs

#### How to make your vegetable omelette

- Chop your vegetables into small pieces.
- Fry the vegetables in hot oil in a big frying pan.
- Mix the eggs in a bowl.
- Add the eggs to the vegetables and mix them together.
- Cook the eggs and vegetables in the frying pan.

Enjoy!

- 2 Popatrz na zdjęcie A w ćwiczeniu 1. Ułóż zdania we właściwej kolejności.

- ☐ There are a lot of vegetables in it, so it's a great way to get your five-a-day.
- ☐ Hi, guys! Welcome to my blog.
- ☐ Today's dish is a healthy tomato pasta with tofu and vegetables.
- ☐ There's a lot of protein in tofu and it's a good meat alternative.
- ☐ What's cooking today?

### Write it Right!

Kiedy piszesz instrukcję, użyj samego czasownika bez you:

*Add the mushrooms. Slice the carrot.*

W przeczeniach dodaj don't:

*Don't mix for long.*

- 3 Uzupełnij przepis na makaron z pomidorami, tofu i warzywami.

- 1 \_\_\_\_\_ some water in a frying pan and cook the pasta for 15 minutes.
- 2 \_\_\_\_\_ the vegetables.
- 3 \_\_\_\_\_ the vegetables in a big frying pan.
- 4 \_\_\_\_\_ the tofu.
- 5 \_\_\_\_\_ the tofu to the vegetables.
- 6 Add the tomato sauce and \_\_\_\_\_ everything together.

- 4 Przeczytaj przepis z ćwiczenia 1 i napisz przepis na sałatkę z tuńczykiem.

Hi, \_\_\_\_\_! Welcome \_\_\_\_\_!

#### What's cooking today?

Today's dish is a healthy tuna pasta salad.

There are some \_\_\_\_\_ so \_\_\_\_\_ five-a-day. There \_\_\_\_\_ in tuna and there isn't \_\_\_\_\_.



#### Ingredients

- |              |           |           |
|--------------|-----------|-----------|
| • 250g pasta | • carrots | • spinach |
| • peas       | • 3 tins  | • yoghurt |
| • tomatoes   | of tuna   | • herbs   |

#### How to make your tuna pasta salad

- \_\_\_\_\_ in a pan and cook the pasta for 15 minutes.
- \_\_\_\_\_ the vegetables and tuna in a \_\_\_\_\_.
- \_\_\_\_\_ the yoghurt and herbs to the vegetables and \_\_\_\_\_.
- \_\_\_\_\_ the pasta and \_\_\_\_\_ together.

Enjoy!












AUDIO 16

- 1 Przeczytaj zdania i popatrz na ilustracje. Uzupełnij luki właściwymi wyrazami z ramki.

add boil bowl chop mix slice tin

### Easy salad

- 1  \_\_\_\_\_ some tomatoes and some cucumber.
- 2 Put them in a  \_\_\_\_\_.
- 3  \_\_\_\_\_ some lettuce to the tomatoes and cucumber and a  \_\_\_\_\_ of tuna.
- 4  \_\_\_\_\_ the ingredients together.
- 5  \_\_\_\_\_ some onion into small pieces.
- 6  \_\_\_\_\_ some potatoes in water.

\_\_\_ /7 points

- 2 Uzupełnij brakujące litery.

Hummus has got a lot of <sup>1</sup>p\_\_t\_\_n because you make it with <sup>2</sup>c\_\_\_\_p\_\_s.  
<sup>3</sup>F\_\_\_\_y d\_\_\_\_s have got a lot of sugar in them. Drink water instead.  
 Yoghurt is a kind of <sup>4</sup>d\_\_\_\_y food.  
 It's not good to eat lots of <sup>5</sup>f\_\_t f\_\_d like hamburgers or pizza.  
 You find <sup>6</sup>c\_\_\_\_s in food like pasta and potatoes.

\_\_\_ /6 points









- 3 Dopasuj odpowiedzi a-f do pytań 1-6.

- 1 Is there any hummus?
- 2 Are there any strawberries?
- 3 Is there any yoghurt?
- 4 Is there any chicken?
- 5 Are there any smoothies?
- 6 Are there any cakes?

- a Yes, there is. Do you want a sandwich?
- b No, there aren't. They're not good for you!
- c Yes, there are. They're in the fruit bowl.
- d No, there isn't. I don't like dairy!
- e Yes, there is. It's a great snack!
- f Yes, there are. Do you want to drink one?

\_\_\_ /6 points

- 4  16 Posłuchaj Hannah. Wybierz właściwe odpowiedzi.

- 1 a  b  3 a  b   
 2 a  b  4 a  b 




\_\_\_ /4 points

- 5 Ułóż dialog we właściwej kolejności.

- ☐ Anna: OK! Can you buy a birthday card?
- ☒ Ben: Let's have a surprise party for Elena on Saturday.
- ☐ Ben: I'm sorry, but I can't. I haven't got any money. Can you bring biscuits and sweets?
- ☐ Ben: Yes, sure. I know a good card shop. Could you bring a cake?
- ☐ Anna: Sorry, but I don't think that's a good idea. They aren't healthy foods.
- ☐ Ben: OK, see you on Saturday!
- ☐ Anna: No problem! I can make the cake tomorrow. Would you mind buying some snacks?

\_\_\_ /6 points

- 6 Check your progress!

Score 21-29 points? Well done!   
 Score 11-20 points? Not bad!   
 Score 1-10 points? Keep trying!  → **Catch-up**, p. 27  
 Ready for more? → **Extra Challenge**, p. 27

## Catch-up

1 Uzupełnij brakujące litery. Użyj: *a, e, i, o* lub *u*.



b\_wl



c\_rt\_n



fry\_ng p\_n



pl\_t\_



j\_r



m\_g

2 Uzupełnij zdania wyrazami z ramki.

dairy fatty food hummus protein

- My favourite snack is \_\_\_\_\_ on toast.
- \_\_\_\_\_ isn't good for you.
- Milk is a kind of \_\_\_\_\_ food.
- There is \_\_\_\_\_ in tofu.

3 Wybierz właściwe odpowiedzi.

- There is **any** / **some** milk in the mug.
- There aren't **any** / **some** strawberries in the bowl.
- There's **any** / **a lot of** oil in the bottle.
- There are **any** / **a lot of** biscuits on the plate.
- How much** / **How many** water is there?
- How much** / **How many** apples are there?
- There isn't **much** / **many** protein in chocolate.
- There aren't **much** / **many** herbs on the pizza.

## Extra Challenge

4 Napisz jak najwięcej wyrazów związanych z produktami i jedzeniem z rozdziału 2. Postaraj się znaleźć po jednym wyrazie na każdą literę alfabetu.

avocado, boil, carbs ...

5 Ułóż dialog we właściwej kolejności.

— Yes, there are. We've got crisps and hummus. Is there any lemonade?

— Yes, there is. I'm thirsty!  
Are there any bananas?

1 Are there any snacks in the kitchen?

— Yes, there is. It's a good meat alternative.

— No, there aren't. They aren't good for you! Is there any tofu?

— No, there aren't. There isn't any fruit. Are there any sweets?

6 Uzupełnij dialog. W każdą lukę możesz wpisać jeden wyraz.

Lily: How <sup>1</sup> \_\_\_\_\_ fast food do you eat?

Ben: <sup>2</sup> \_\_\_\_\_ much. There aren't <sup>3</sup> \_\_\_\_\_ days when I eat unhealthy food. How <sup>4</sup> \_\_\_\_\_ sweets do you eat every week?

Lily: I don't eat <sup>5</sup> \_\_\_\_\_ sweets. I don't like them. But I eat <sup>6</sup> \_\_\_\_\_ biscuits and cake. <sup>7</sup> \_\_\_\_\_ much sugar do you have in your tea?

Ben: I don't have <sup>8</sup> \_\_\_\_\_ sugar in my tea.