

Unit 1

1.01

Build: thin, overweight, strong, well-built

Height: short, medium-height, tall

Hair: short, bald, blonde, curly, dark, fair, long, medium-length, spiky, straight, wavy

General: attractive, cute, good-looking, pretty

1.02

Rose: Well, yes, I suppose that it is fair to call me that. I dunno, it's just that I love sleeping. I hate getting up early. And if you give me a choice between doing something active like sport or just lying on a sofa watching TV all day, I'd definitely go for lying on the sofa. And even better if I can stay in my pyjamas all day.

William: No, the thing is that I don't think I'm the best, the most intelligent and the most attractive. I am the best, the most intelligent and the most attractive. In fact, I'm the best at everything.

Jessica: I hate it when people move my things. In my room, everything is always in exactly the right place. I never leave my clothes out and my desk is always ready for work. The thing is that when you're like me, you always know where to find things.

Brandon: Oh, I really hate that. When my friends arrive late and make me wait, I get really angry with them. And waiting for buses or trains just makes me lose control. Even waiting for just two or three minutes gets me angry.

1.03

beautiful, difficult, elderly, sociable, attractive, good-looking, outgoing

1.04

Speaker 1: Well, here's my picture. You can see that it's very simple. I knew immediately what I wanted to draw when I saw the circle. I mean, I love warm weather and the summer, so the sun was my first idea. The magazine says that your picture says a lot about your personality, but I don't believe that's true at all! Apparently, drawing a sun means that I'm very confident, and maybe a little bit bossy. Actually, I think I'm exactly the opposite.

Speaker 2: When I see a circle, I always think of a face. So that explains my picture. I think it looks like me, you know, because of the long, wavy hair. There's a lot of detail in the picture because art is my favourite hobby ... It's quite a funny face, I suppose. The analysis here says that if you draw a funny face it means you're a funny and cheerful person. That

seems a good description of me. It's true that that's what my friends always say.

Speaker 3: This magazine here says that your picture says a lot about your personality. It's a clever idea, and I think my picture certainly says a lot about me. That's my foot there, kicking the circle in the middle, which is, of course, a ball. I mean, I play football four times a week, I watch every football match that I can. My mum says it's the only thing I think about. Please don't show her this picture! I don't want her to see it because she thinks I need to spend more time studying instead of playing football.

Speaker 4: My first idea was to draw a face in the circle. But then I changed my mind and I turned the circle into a big eye. It says here that an eye means that I like to control my life, and that I like to control other people. I see why they say that. The eye is watching others, like a big brother. The thing is, I know that sometimes I can be bossy, but I really don't believe that's an important part of my personality.

Speaker 5: I have a big, beautiful garden and when it's sunny I like sitting out there. So, when I saw the circle I immediately decided to draw a big flower. Perhaps it sounds arrogant, but I agree with the analysis of my picture. It says here that when you draw a flower it's because you like your own appearance and that you're a very friendly person. I think that in my case both things are true. But I think another reason why I drew a flower is just because I love flowers – the way they smell, the way they look. And I was in the garden when I drew it. So, it isn't just about personality.

1.05

Megan: Hi. You're Lucy's cousin, aren't you?

Ellie: Yes, that's right. My name's Ellie.

Megan: I'm Megan. This is your first year at this school, isn't it?

Ellie: That's right.

Megan: Hey, you don't play basketball, do you? We need new players for the team.

Ellie: I play a little, but I'm not mad about basketball.

Megan: Do you play any other sports?

Ellie: Yes, I really enjoy swimming.

Megan: Great! What are your other hobbies?

Ellie: I love music.

Megan: Really? What kind of music?

Ellie: I like all sorts, but my favourite is rock.

Megan: Now I remember! You can play the guitar, can't you? Lucy told me once.

Ellie: Yeah, I'm in a band. We're really good.

Megan: Do you know Josh, Josh Smith? He plays in a band, too. Come on. Let me introduce you to him ...

1.06

Catherine: Welcome back after the break. Our guests today are Dr. Wendy Gardner and Dr. Chris Ruffalo, who are both psychologists and study what makes people happy. Wendy, before the break you said an interesting thing: that being narrow-minded prevents people from being happy. What exactly do you mean?

Wendy: Well, if you are narrow-minded, you see things from one point of view, which means you end up with a fixed view of the world – one you have built yourself. It's impossible for you to think beyond it, which means you're not so willing to even consider other people's viewpoints, or learn and accept new things. That kind of attitude will certainly make you feel unhappy sooner or later.

Catherine: I see. So, what makes a person broad-minded?

Chris: In our research we found some of the features of broad-minded people. First of all, because they are able to see a situation from different perspectives, they are more likely to accept things that are different. For example, when you see a young mother with a screaming child in the supermarket, some people might think she can't cope with motherhood because she's too young, or that her child is simply spoilt. A broad-minded person will consider other possibilities, that maybe the child is tired or hungry, and might offer to help.

Wendy: Yeah, broad-minded people do not make quick judgments. They are usually the best listeners because they are willing to first hear what you have to say. They are also open to other opinions.

Catherine: But doesn't it mean that they often change their opinions?

Wendy: No, not really. They are OK with the fact that people have the right to their own opinions, which may be different to theirs. On the other hand, they don't really like labels like "white" "black", or "ugly". Broad-minded people respect individuality and cherish the differences between people.

Catherine: So they don't particularly like people with narrow, for example racist, views do they?

Chris: They don't like the VIEWS, not necessarily the people who have those views.

Wendy: Broad-minded people are curious and they like to discover new

things, new ideas, new habits, new traditions. You know the stereotype about English tourists on holiday in Spain? They enjoy themselves as long as they get their English tea, English food and English press, but not the English weather. A broad-minded person will appreciate the chance to eat new food, meet people from totally different cultures and go to different places.

Catherine: Well, it seems that I must be quite a broad-minded person, then. If you would like to ask Wendy or Chris anything, please give us a call, and they will answer some of your questions after the break.

1.07

We all know how important first impressions are, and that we usually make them within seconds of meeting someone. It certainly made sense from the point of view of our evolutionary history. In the past, people had to make quick decisions about whether someone was dangerous or not. Nowadays, there are a lot of studies being conducted on first impressions. Researchers at Princeton University have found out that we usually make them to decide if someone is attractive, friendly, reliable and competent. What is interesting is that even after some time these impressions remain unchanged. In another study from 2016, researchers from Cornell University discovered that we often make first impressions even when we look at people's faces in photographs, and that these impressions last after meeting the person face to face. In the study, 55 participants viewed photos of four women, and had to decide if they looked attractive and whether they would like to make friends with them, and also if the women were outgoing, open-minded, and calm. This is called a halo effect. When we like the way someone looks, we usually assume that this person has other positive features as well, such as being friendly or calm. Now let's talk about ...

Unit 2

1.08

When you go to the station to catch a train, if you don't already have a ticket, you go and buy one at the ticket office. You can buy a single (if you're only going one way) or a return (if you're coming back). The fare is more expensive when you travel first-class because it's more comfortable and you have more space. There isn't an extra cost for luggage – you can take at least two or three big bags.

When you have your ticket, you need to find the platform where your train is leaving from. If you arrive late, you may miss your train. But sometimes, there can be a delay and your train doesn't arrive on time. And sometimes there's no train at all because they cancel it! It's important to keep looking at the information screens which show the arrivals (the times that trains are coming into the station) and the departures (the times that trains are leaving).

1.09

1 This is to announce the arrival of the 5.15 to Torquay, the 5.15 to Torquay, stopping at Telmouth and Newton Abbot. This train is running approximately 20 minutes late due to a delay at London Paddington. Please stand back when the train makes its arrival, and mind the gap when you board the train.

2

Man: Excuse me, do you have any vacancies?

Woman: How many nights did you want to stay?

Man: Just two.

Woman: And did you want a single room or a double?

Man: A single.

Woman: Hmm, well, we are very small, we only have three rooms and two of those are doubles. Ah! But somebody cancelled a reservation for a single room this morning, so I think we do have a room free for you. Do you want to have a quick look round the place?

Man: Yes, that'd be nice.

Woman: Here's the living room, you can come and watch TV here when you like. And here's the breakfast room. You can make yourself coffee here at any time of the day. I serve breakfast from 7.30 to 9.30. And upstairs are the bedrooms. We have three other people staying here at the moment. If you'd like to come this way, I'll show you your room ...

3

Woman: Hello. I would like to go to Yarmouth, please.

Ticket officer: Yarmouth? Are you coming back today?

Woman: Sorry?

Ticket officer: Are you coming back today? It's a cheaper fare if it's a same-day return.

Woman: I am sorry. I do not understand.

Ticket officer: Do you want a single ticket or a return?

Woman: Oh, a single, please.

Ticket officer: OK, madam. A single ticket, standard class for Yarmouth. That's £22.50, please.

4

Girl: Oh no! I don't believe it!

Man: What?

Girl: Look outside. It's raining. It always rains when we come here.

Man: Yeah. When we were driving up here it was sunny all the way, and now as soon as we get everything fixed up in the campsite the weather changes.

Girl: Oh, the journey took forever, didn't it?

Man: I know. But it's not easy pulling one of these things behind the car.

Girl: Oh, look at those people over there. I think their tent has got a hole in it. The water's definitely getting in.

Man: You see! It could be worse. At least inside this thing we won't get wet!

1.10

1 We need to check in at seven o'clock.

2 Here's the check-in desk.

3 What time does the plane take off?

4 What time is take-off?

5 The car didn't break down.

6 There is a car breakdown service.

1.11

Presenter: Today on the History Programme we have with us Kate Summers. Kate, you've just written a book about the history of travelling around the world, haven't you?

Kate: That's right. I find it fascinating that today anybody can fly round the world in just two or three days. But people forget that it used to take weeks, months or even years to travel round the world.

Presenter: The first person to travel round the world was the Portuguese sailor Ferdinand Magellan, wasn't it?

Kate: People usually say that. But he in fact died before he could complete the journey. So really the first person to travel round the world was the Spanish captain Juan Sebastián Elcano. And, of course, the 17 other members of the expedition who survived with him.

Presenter: When was that, and how long did it take them?

Kate: They arrived back home in 1522. It had taken them just over three years! Of course, that was without maps or anything.

Presenter: People have always been interested in travelling round the world faster and faster, haven't they? You only have to think of the famous novel by Jules Verne, *Around the World in 80 Days*.

Kate: Yes. The truth is that Jules Verne probably got the inspiration for his book from a real journey that somebody actually made in 1870, two years before Verne wrote his novel.

Presenter: Oh! So who made this journey?

Kate: It was a man called George Francis Train. He was a rich American

businessman who helped to build the Union Pacific Railroad. The building of the railroad was very important. Before the Union Pacific Railroad it used to take about six months to go from New York to California. Once the Union Pacific Railroad was built, it took just two weeks.

Presenter: So how did George Francis Train travel round the world?

Kate: He took the Union Pacific Railroad from New York to California. Then he got on a ship and sailed to Japan. Then he went by sea to Hong Kong and Singapore. After that he took the Suez Canal.

Presenter: Did it use to take much longer before they opened the Suez Canal?

Kate: Yes, the Canal opened in 1869. Before 1869, sailors didn't use to have any alternative. They would sail right round the bottom of Africa, the Cape of Good Hope. It would take a long, long time, and it was dangerous because of the seas there.

Presenter: So really it was only possible to travel round the world in 80 days because of the new railway in the US and the Suez Canal.

Kate: That's right. Of course, the next big change was flying. Aeroplanes really changed everything. In 1995 the Concord supersonic plane flew round the world in less than 32 hours!

Presenter: Not even Jules Verne could imagine that!

1.12

Ticket agent: Good morning. Can I help you?

Girl: Yes, please. Could you tell me the time of the next train to Canterbury?

Ticket agent: No problem ... Let's see. There's a train which leaves in 30 minutes, at five minutes to four and you arrive in Canterbury at quarter past six.

Girl: That's great. Is it a direct train?

Ticket agent: No, I'm sorry, it isn't. There are no direct trains from Gatwick to Canterbury.

Girl: I see. How many changes are there?

Ticket agent: Just one. You go to London St Pancras and change there.

Girl: OK. Could I buy a ticket?

Ticket agent: Of course. Would you like a single or return?

Girl: Sorry, I didn't catch that.

Ticket agent: Would you like a single or a return?

Girl: A return, please.

Ticket agent: When are you coming back?

Girl: Next Wednesday.

Ticket agent: Pardon?

Girl: Next Wednesday.

Ticket agent: OK. Let's see. The cheapest fare for a return ticket to Canterbury is £41.

Girl: Right. Can I pay by debit card?

Ticket agent: Yes, of course.

Girl: Oh, can you tell me which platform it is for the train to London?

Ticket agent: Yes, it's platform 9.

Girl: And when I get to St Pancras?

Ticket agent: Just look at the departure screens or go to the information desk and they'll tell you.

Girl: OK. Thanks a lot.

Ticket agent: Thank you, and have a good journey.

1.13

If you ever want to feel left out from a group of people, tell them that you don't enjoy travelling. Or even better, say that you don't want to travel abroad. That's what I did ... and it was liberating. There I was, a young woman, NOT wanting to visit France, Norway, Iceland, India or New Zealand. It seems to me that somehow travelling has become THE thing to do – not just a fashion, but something you need to do in order to discover yourself and live life to the full. Many people think it also helps you to become wiser and more open-minded. My friends keep telling me Paris is amazing. Really? Data shows that in 2017, more than 30 million tourists visited the city. I suppose that's good news for the French economy, but the fact is that you have to wait several hours if you want to go to the top of the Eiffel Tower or visit any of the other famous attractions. Venice looks as if it is literally flooded with tourists and you'll hardly ever meet any actual residents in the street during the day. Here are the figures – Venice currently has a population of 54,000, but it was 120,000 around 50 years ago. Many locals are leaving because there are few employment opportunities – and because it's really expensive to live there. On the other hand, according to statistics, over 20 million people visited the city in 2017. Another thing which amazes me is that while people like travelling abroad, they often haven't seen anything of their own country. My Polish friend has been to all of the beautiful islands in the Atlantic and the Mediterranean, but has never spent a holiday at the Polish seaside. I would ask, why not see what's in your own backyard first? I live in York but believe I have seen every inch of Yorkshire. I reckon if you really want to live life to the full and become more open-minded, you don't always have to travel a 1,000 miles.

1.14

1

Mark: Oh, hi Will. I thought I would be late. Do you remember how last time we

missed our coach and had to wait at the station for hours?

Will: Yeah. We didn't wait at the station, though, did we? We went to a nearby park. I think I ended up having three ice creams. By the way, I've just texted you.

Mark: Why? What's up? Don't tell me our train is delayed ...

Will: Yes, it is. By two hours.

Mark: Oh, no! ... Is there a park nearby?

Will: I'm not sure, but we might grab a cup of coffee or an ice cream over there ...

2

Radio presenter: So, why do you dislike mass tourism so much?

Woman: Because it's MASS tourism! In other words, because of the masses of people who all end up in places like Venice, Barcelona, Rome, Paris or London. Or should I rather say, SOME of the places in those cities. You have to wait for hours to get into the Louvre, and then you can hardly see the Mona Lisa because of the crowd standing in front of her. I'm an artist by profession, so I'd really like to have a chance to spend some time admiring the beautiful art and architecture in places like the Louvre, but I simply can't. It's so frustrating.

3

Oh, hi. My name is Florence O'Donnell. I have a room booked in your place, and we were supposed to arrive before 6 pm. Well, it's already a quarter to six, and we're still about an hour's drive away. We had a bit of a problem with our car, but it's OK now, so I just wanted to let you know we would be late. I'll try to call you again soon. Bye!

4

Have you ever wondered where the busiest airport in the world is? If you think it's Amsterdam, London or New York, you're wrong, as are many people. Number one on the list is in the US, but it's not New York or LA, but Atlanta. Hartsfield – Jackson Atlanta International Airport has been the busiest airport in the world since 1998. In 2017, more than 104 million passengers travelled to or from there. Beijing and Dubai international airports are next in line.

5

Man: Good morning. How can I help you?

Woman: Oh, hello. I'm looking for a double room at a bed and breakfast in Aberdeen for a few nights.

Man: I see. Let me see what I can find. Would you prefer something near the centre or further out?

Woman: It doesn't matter, really. We'd prefer a small B&B, rather than a big one, however. Something cosy and more like home than a hotel.

Man: OK. Well ... there's Abby's Cottage. It only has three rooms for guests, so it's quite small. Have a look here, in the catalogue. But it's quite far from the centre.

Woman: It looks really nice. I like it.

Man: OK. Let me just make a call and make sure a room is still available.

6

Peter: Hi, Mum.

Woman: Peter! Where are you? We've been waiting for you. Dinner's ready.

Peter: Yes, I know, but I'm going to be late. Sorry...

Woman: Why? Was your train delayed?

Peter: Not exactly. My train wasn't late, but I was so tired after all the exams I have had in the last two weeks that I fell asleep on the train. And when I woke up, I realised I had missed the station.

Woman: Really? So, where are you now?

Peter: Don't worry, mum, I'm waiting on the platform. The next train back should be here in a few minutes.

Woman: Peter ...

Peter: Come on, Mum! I'll be home in two hours ... hopefully!

Unit 3

1.15

a semi-detached house

b terraced house

c detached house/bungalow

d cottage

1.16

1 The building I live in is quite tall. I think there are about ten families living there, with about 30 to 40 people in total. The building is quite nice and modern. We haven't got a private garden, but there's a garden that we can all use. I like my home, but sometimes it's noisy because you can hear the people on one side and the other side, and the people upstairs and downstairs, too.

2 My grandparents bought a new place recently. My grandmother has problems walking so they decided to buy a house where she doesn't need to use the stairs all the time. The new place is perfect for them. It's quite big, but it's easy for them to move about in.

3 Where I live is quite quiet, too quiet for me, but my parents like it. We live a little bit outside the city. It's not too far away, but I do need to catch a bus every time I want to go shopping or eat out or go to the cinema. All the streets are clean and tidy where I live, and there are lots of trees and green areas like parks and stuff. It's nice, but I'd like to live somewhere more exciting, closer to the city centre.

4 I don't mind the area where I live. It's a bit crowded and noisy and our house is quite small. But it's very central. I can get to the cinema and the shops really quickly. One day I want to get out of here, though, and live somewhere that's completely different, like in the middle of the country.

1.17

1 The view from our window wasn't just beautiful. It was absolutely stunning.

2 The city of Athens isn't just old. It's ancient. It's existed for over 3,000 years!

3 It was very hot in the city yesterday – over 35°C.

4 At the weekend the shops in the city centre are totally packed with people.

5 The streets are usually quite dirty because nobody cleans them.

6 There wasn't a sound in the park. It was completely silent.

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1.18

Interviewer: So, Deniz, can you tell us about your experience of the Erasmus project? First of all, tell us, where are you from?

Deniz: I'm from Istanbul, in Turkey.

Interviewer: And at the moment you're in Salamanca, in Spain.

Deniz: That's right.

Interviewer: How long have you been living in Salamanca?

Deniz: I've been living here since October. And I go back to Istanbul at the end of May.

Interviewer: How have you found the experience so far?

Deniz: I've been having a great time! I always wanted to visit Spain. And then my university told me I had a place at Salamanca. To be honest, at first I wasn't sure where it was in Spain – if it was in the north or the south ...

Interviewer: Salamanca isn't as big or busy as Madrid or Barcelona, is it?

Deniz: No, it isn't. But the university in Salamanca is really famous, in fact it's one of the oldest universities in the world! The city is small, but it's very lively. There are lots of historic buildings, a beautiful main square, museums, you know, that sort of thing. But there are also lots of shows, exhibitions, concerts ... I've seen two or three brilliant concerts ...

Interviewer: So what's been the best part of your stay?

Deniz: I think just meeting people from so many different countries. I've been living in a residence with other Erasmus students – there are British students, students from Poland, Germany, Italy ... I've made friends with people from all over Europe. So every night we get together for dinner. We each make

a typical dish from our country and we have these great kitchen parties that last for ages.

Interviewer: How much Spanish have you learnt?

Deniz: I've learnt lots. I've been speaking Spanish every day. But it's true that I've also been speaking a lot of English because nearly everybody in the residence can speak it.

Interviewer: And what do you think has been the worst or most difficult thing so far?

Deniz: Well, I study physics, so understanding explanations of physics in Spanish has been really difficult. But it is getting easier. And recently we've been doing lots of exams. I just finished yesterday, in fact. But the exams aren't too bad. Really the whole thing has just been a great experience!

1.19

In the photo I can see a big city. I think it's Tokyo because on the right I can see some signs and writing in Japanese.

And in the background there are some big buildings. I don't know if they're skyscrapers. Maybe this is Hachiko Square. Because it looks very busy.

I mean, the streets are really packed.

In the foreground and in the middle of the photo there are hundreds of people walking. Perhaps they're shopping because I think that on the right and on the left there are shops, or maybe restaurants. The unusual thing is that people are walking in the road, but there are also cars and taxis. It looks a bit dangerous to me! I don't really like big cities like this. I'd like to visit Tokyo one day, but I don't think I'd like to live there. It's true that big cities like Tokyo are usually interesting and lively. They have lots of things to see and do, and there's always something happening.

For example, in the top right corner of the photo there's a large screen showing a video, I think. But in my opinion big cities like this are too noisy and dirty and crowded.

1.20

Adam: Hi, Harry.

Harry: Hello, Adam. What's up?

Adam: I'm calling for advice about a place to stay. I've found two places which I really like, both of them single rooms, but I can't really decide on which one to choose.

Harry: So, how can I help?

Adam: Here's the thing. One is much cheaper than the other – the difference is almost 400 pounds a month.

Harry: Well, if you ask me, that's a big difference! That's almost 5000 pounds