

Welcome unit page 4	Vocabulary: people, education, place of living	
	Vocabulary and listening	Grammar
Unit 1 Healthy body, healthy mind page 8	<ul style="list-style-type: none"> lifestyle grains, fruit and vegetables more food cooking verbs 	<ul style="list-style-type: none"> revision of present tenses, state verbs imperatives adverbs and adjectives quantifiers
Unit 2 In my free time page 22	<ul style="list-style-type: none"> holidays and celebrations traditions and customs family relationship sports and physical activities sports phrases 	<ul style="list-style-type: none"> revision of past tenses <i>used to</i> the present perfect with <i>already, yet, ever</i> and <i>never</i>
Unit 3 World of work page 36	<ul style="list-style-type: none"> skills, activities and responsibilities jobs school subjects school grades school life 	<ul style="list-style-type: none"> modal verbs for obligation and prohibition: <i>must, mustn't, have to</i> modal verbs for possibility: <i>must, may, might, could</i> modals in the past and future: <i>have to, be able to</i>
Unit 4 Natural world page 50	<ul style="list-style-type: none"> plants and animals landscape environmental protection sense of direction accommodation trips and sightseeing 	<ul style="list-style-type: none"> revision of future forms <i>be able to</i> zero and first conditionals
Unit 5 Digital natives page 64	<ul style="list-style-type: none"> participation in culture inventions media using basic technical devices and information and communication technologies 	<ul style="list-style-type: none"> the passive future passive the active and the passive passive questions with prepositions
Unit 6 Clear head page 78	<ul style="list-style-type: none"> buying and selling advertising and promotions using services appearance character traits feelings and emotions 	<ul style="list-style-type: none"> quantifiers <i>something, anything, nothing</i> <i>one, ones</i> <i>each other, one another</i> clauses with <i>who, which, where</i>
Unit 7 It's a wrap! page 92	<ul style="list-style-type: none"> vocabulary revision 	<ul style="list-style-type: none"> grammar revision
Unit 8 The future is bright page 106	<ul style="list-style-type: none"> holidays and planning the future 	<ul style="list-style-type: none"> grammar revision
Functions bank pages 120–121		
Writing bank pages 122–123		
Cummulative grammar summary pages 124–127		

Reading	Language functions	Writing
<ul style="list-style-type: none"> • My life: why do Okinawans live so long? • New skills, new activities 	<ul style="list-style-type: none"> • ordering food and drinks 	<ul style="list-style-type: none"> • blog post: food for teens
<ul style="list-style-type: none"> • The Carnival • Ride the wave: the inspiring story of Ben Larg 	<ul style="list-style-type: none"> • making and responding to invitations • expressing wishes and congratulations 	<ul style="list-style-type: none"> • email to a friend about a sports event
<ul style="list-style-type: none"> • New job • Career advice 	<ul style="list-style-type: none"> • making and responding to requests 	<ul style="list-style-type: none"> • blog post about a work experience day
<ul style="list-style-type: none"> • Our planet, our responsibility • Eco-means of transport 	<ul style="list-style-type: none"> • expressing your opinion and opinions of others 	<ul style="list-style-type: none"> • email inviting a friend to a green event
<ul style="list-style-type: none"> • Exploring a modern museum • New tech, new challenges? 	<ul style="list-style-type: none"> • expressing requests, accepting and refusing requests 	<ul style="list-style-type: none"> • blog post about staying safe online
<ul style="list-style-type: none"> • The best adverts in the history of time • Feelings matter 	<ul style="list-style-type: none"> • asking and giving advice 	<ul style="list-style-type: none"> • email to a friend about second-hand shopping
<ul style="list-style-type: none"> • reading practice 	<ul style="list-style-type: none"> • speaking practice 	<ul style="list-style-type: none"> • writing practice
<ul style="list-style-type: none"> • reading for pleasure 	<ul style="list-style-type: none"> • holiday phrase book 	<ul style="list-style-type: none"> • holiday postcard