

## UNIT 1 &gt;&gt;&gt; Life stages

1 Do you like being the age you are now? Think of three good and three bad things about it.

2 Read the texts. Put the people in order of age, starting with the youngest. \_\_\_\_\_

A

**Name:** Marvin Lewis

**Age:** 19

**From:** Trinidad, the West Indies

**Lives:** Liverpool, UK

**Occupation:** First year student at the Liverpool Institute of Performing Arts

**Best things about your life now:** I'm living on my own for the first time and I can go out whenever I want. This weekend I'm going to the Africa Oyé Festival, a 2-day celebration of African and Caribbean reggae music.

**Worst things about your life now:** Having to cook and wash up. And it rains a lot in Liverpool.

B

## Welcome to

MY BLOG, COPENHAGEN MUM

### ABOUT ME

I'm Heidi Lund and I'm 35 years old. I live in Copenhagen with my Scottish husband, Ben, our two-year-old daughter, Kirsten, and our dog, Victor. I love cycling and Copenhagen is the *best* city for cyclists. I also love having breakfast at my favourite café, Grod. What don't I like? Well, I hate the way most people my age dress in the same style. I like to look different. I also really hate doing housework. (Two-year-olds make a lot of mess!)



C

## WHAT'S LIFE LIKE WHEN YOU'RE IN YOUR NINETIES? READ THIS INTERVIEW TO FIND OUT!

### INTERVIEW

**WHAT'S YOUR NAME?** Satu Iwasaki

**WHERE DO YOU LIVE?** Okinawa, Japan

**DO YOU FEEL OLD?** No, in Okinawa, many people live to 100! I'm looking forward to my 97th birthday because we believe that people become young again at this age. We celebrate with a special event called 'Kajimaya'.

**HOW DO YOU STAY HEALTHY?** I walk three kilometers every day and I eat lots of fish and vegetables.

**WHAT DO YOU ENJOY DOING MOST?** I like playing computer games with my grandchildren.

D

Hi Sebastian,

What's the weather like in Barcelona?

Here in Moscow it's -8 degrees today and there's a lot of snow. Luckily, our apartment is warm, but I wore a lot of clothes to school this morning. I'm in seventh grade now and we get too much homework 😞. In two years, when I'm 14, I'll take an exam and go to secondary school and later to university (I hope).

When I'm not studying, I love cooking. Today I'm helping my grandmother make 'pirozhki', which are a kind of Russian meat pie. Yum! What kind of food do you eat in Spain?

Write soon,  
Olia

3 Read the texts again and answer the questions.

Who ...

- has got a pet? \_\_\_\_\_
- has recently left home? \_\_\_\_\_
- takes a lot of exercise? \_\_\_\_\_,
- doesn't like doing jobs in the home? \_\_\_\_\_,
- likes being with younger people? \_\_\_\_\_
- knows how to make a traditional food? \_\_\_\_\_
- complains about the weather? \_\_\_\_\_

4 a Which person do you think is the happiest? Why?

b Which age group do you think has the best lifestyle? Why?