

## Managing friendships

### Before watching

**1** Read the statements. Write the name of a person you know who might say each one. It could be you, a friend or family member, or someone else.

- 1 'I'm quite shy so I find it hard to talk to people I don't know.' .....
- 2 'I got my circle of friends from sharing a common interest.' .....
- 3 'I prefer to have a few close friends than lots of friends I don't really know well.' .....
- 4 'I've made a lot of friends by being good at something.' .....
- 5 'I enjoy being alone and don't feel lonely when I'm not with friends.' .....
- 6 'I like meeting new people and I'll start a conversation with anybody.' .....

### While watching

**2a**  **VIDEO SKILLS** Read the video skills box. Then watch the presenter of the video. What's the video going to be about?

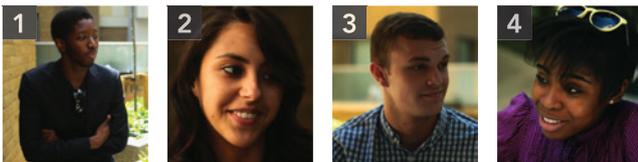


### VIDEO SKILLS: Understanding past habits

Listen for the different ways in which people talk about things they did regularly in the past:

*What I did was ... / I used to invite/make ... / When I/the weather was ..., I went ...*

**2b** Watch the main speakers (1–4). Write a short sentence to say what action they took to make friends. Use the words in brackets to help you.



- Speaker 1: ..... (door)  
 Speaker 2: ..... (made)  
 Speaker 3: ..... (doors)  
 Speaker 4: ..... (join)

**2c**  Watch the speakers again. Write two things that happened as a result of their action in 2b.

- Speaker 1: .....  
 Speaker 2: .....  
 Speaker 3: .....  
 Speaker 4: .....

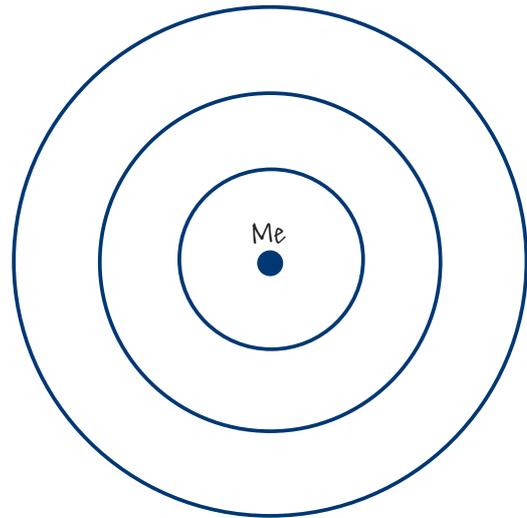
**3a**  Watch again. Which speaker might say one or more of the statements 1–6 in 1.

- Speaker 1: ..... Speaker 2: .....  
 Speaker 3: ..... Speaker 4: .....

**3b** Which of the speakers is most similar to you? Why?

### After watching

**4a** Draw a dot with three circles around it. The dot represents you. Write the names of your close friends in the smallest circle. Write the names of friends who aren't very close to you in the next circle. Write the names of people you know quite well but aren't friends with in the largest circle.



**4b** Think about how you met the people in the different circles. Did you meet them in the same way? What do the circles tell you about your friendships?

**4c SKILLS 4 LIFE** Write about friendships in your family. Follow these steps.

- 1 Choose two or three people of different ages if possible (e.g. a brother/a sister or cousin, a parent or uncle/aunt, a grandparent).
- 2 Ask them these questions about their best friend and make a note of their answers.
  - Who's your closest friend?
  - How did you meet him/her?
  - How long have you known him/her?
  - Why are you good friends?
- 3 Write a summary of what each person told you. Is there a difference between how the people of different ages made friends? What other differences are there?

### REFLECT ON IT



How many close friends can you have? Does the answer depend on the person or does it depend on your definition of a close friend? For example, how many of your social media friends do you really consider to be friends?